

REZNOR SCORES WITH
FACEBOOK FLICK
ERIE SOUNDTRACK
LIFTS MOVIE {page 16}



MILEY
FAMILY FRETS
OVER WILD
WAYS {page 19}



EDMONTON

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Thursday, October 7, 2010
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Archbishop under fire served in Edmonton

► No criminal charges have been filed in abuse case

A Canadian Orthodox archbishop is being investigated on allegations of sexual misconduct stemming from more than 20 years ago when he was a priest in Winnipeg.

The Orthodox Church in America (OCA) said in a news release that Archbishop Seraphim of Ottawa, the head of the church's Canadian archdiocese, asked for and was granted a three-month leave as of last Friday.

"Having also seen my physician, I was informed that this leave is rather overdue," he wrote. "It is my intention and hope to maintain as much solitude and silence as possible."

The archbishop, 64, had posted a letter on the archdiocese's website last week suggesting the reason for his leave was health issues.

According to a biography of Seraphim on the church's website, he was born Kenneth William Storheim in Edmonton.

He served as a priest in Alberta, North Carolina and London, Ont., between 1981 and 1984, when he became rector of Holy

"We heard two years ago that a clergyman had filed a written report alleging that incidents took place more than 20 years ago."

MELANIE SAKODA OF THE U.S.-BASED SURVIVORS' NETWORK OF THOSE ABUSED BY PRIESTS

Trinity Sobor in Winnipeg, where he served until 1987.

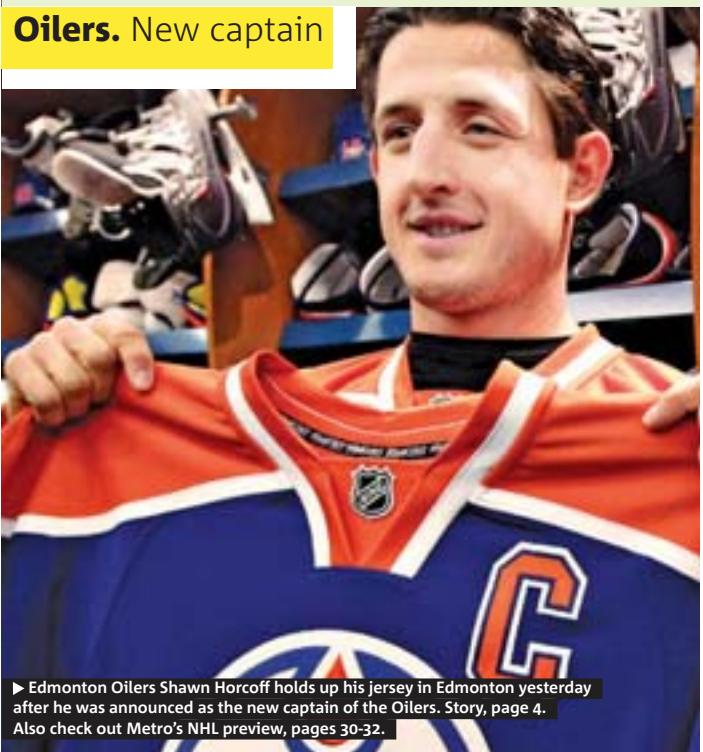
He became an auxiliary bishop of Edmonton in 1987, and became ruling bishop of the archdiocese in 1990. He was elevated to the rank of archbishop of Ottawa and Canada in 2007.

Melanie Sakoda of the U.S.-based Survivors' Network of Those Abused by Priests, or SNAP, said her group has been urging the church to investigate the allegations for some time.

She said a colleague from SNAP contacted the church at the time and asked why no investigation had been launched.

THE CANADIAN PRESS

Oilers. New captain



► Edmonton Oilers Shawn Horcoff holds up his jersey in Edmonton yesterday after he was announced as the new captain of the Oilers. Story, page 4. Also check out Metro's NHL preview, pages 30-32.

JASON FRANSON/THE CANADIAN PRESS

Shawn Horcoff gets the big C

The Edmonton Oilers named veteran centre Shawn Horcoff as their new team captain yesterday. The Trail, B.C., native is the 13th player to wear the 'C' since the team joined the NHL in 1979.

Paris gets the final word

The latest and best from prestigious catwalks {page 20}

Welcome to Doc-tober

Pitching ace Halladay throws historic playoff no-no {page 33}

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Metro readership continues to surge

With autumn in full swing and temperatures cooling down, Metro Edmonton continues to heat up and gain momentum.

Metro Edmonton now reaches 68,800 daily and 170,900 weekly readers throughout the greater Edmonton area, according to 2009-10 NADbank (Newspaper Audience Databank) findings.

In comparison to NADbank 2008-09 results, this represents an increase of 17,500 readers, or 34 per

cent daily and 33,500, or 24 per cent weekly readers. Metro Edmonton enjoyed the second-highest growth increase of any daily newspaper in Canada, making it second only to Metro Calgary.

"The growth we have seen in Alberta over the past three years has been nothing short of extraordinary, but the latest reporting period has given us a reason to celebrate. With nearly 70,000 in Edmonton, it's clear that Albertans are

making Metro part of their routines," said Steve Shrout, publisher for Metro Alberta. "I want to express my appreciation to our staff and to our readers for making us the only daily newspaper to show an increase in readership in Edmonton over the past year."

Metro is the largest international newspaper in the world. Metro is published in over 100 major cities in 20 countries across Europe, North and South America and Asia. • METRO EDMONTON

Alaskan pipeline has the advantage: Province

Alberta's energy minister says an American pipeline to bring Arctic gas to southern markets has advantages over a proposed Canadian route.

And Ron Liepert says the long-awaited Mackenzie Valley pipeline may end up behind the Alaska plan, which some fear would

doom the \$16-billion project for a generation.

Liepert says the infrastructure of the Alaskan industry is already fully developed, giving it an edge over the Northwest Territories that may be crucial as gas prices remain low.

Liepert also says Alaskan gas is richer in the liquids that are used to fuel Alberta's petrochemical industry.

The Mackenzie Valley proposal remains stalled in the regulatory process, while proponent Imperial Oil and the federal government negotiate a financial arrangement.

THE CANADIAN PRESS

1

news



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Is media coverage in Ottawa "gotcha journalism" or a nasty response to nasty politics? More at [metronews.ca /spindoc](http://metronews.ca/spindoc)

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Competing for the students in Ward 8

- Henderson taking on four challengers for council seat
- Plenty of young voters in Ward 8



ANDREAS MORSE
@METRONEWS.CA

The University of Alberta's North campus attracts thousands of students to Ward 8.

In total there are more than 66,000 people living in the ward's mature neighbourhoods from the North Saskatchewan to Fox Drive and east to Strathcona County. Further east from the university area, issues include revitalization and school closures.

Coun. Ben Henderson is seeking re-election after serving one term in Ward 4. Henderson is keen to build stronger communities.

Duane Good Striker is

an Aboriginal activist who has experience running in federal elections.

Lori Jeffery-Heaney served on council and as mayor in Val Quentin, a small town west of Edmonton.

Hana Razga said she's been involved in local politics for the past 15 years.

The former human resources consultant for the federal government said she hopes to continue her fight for public transit and affordable housing.

Sheila McKay is also running in the ward.

The five candidates will take part in a public forum at McNally High School on Oct. 30. You can watch the forum online at www.edmonton.ca.



► Each day, the ward profiled will be highlighted in red.

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Donate diapers to a good cause

Teen parenting centre provides options for those needing help

The second annual Baby Heroes diaper drive kicked off at Kingsway Garden Mall yesterday morning and organizers hope to be up to their eyeballs in nappies.

Last year's drive collected 89,433 diapers, and this year organizers want to top that by collecting 150,000 diapers and raising awareness about the program.

Terra - Centre for Pregnant and Parenting Teens has been in operation for 39 years and provides assistance in the form of programs and services for individuals in need in the city. It's a service that provides options for those who don't know where to turn.

"I had gone to the Pregnancy Care Centre and they referred me to Terra," said Ashley Parrish, a Terra spokesperson and recipient.

Parrish lives with her son Mason at the Terra Residence and is working to finish high school.

"It's a really great way to bring the community something that people get and it's not a big effort," said Sylvia Nasseri, board chair of Terra. "These young people with some help at the beginning can be unbelievably successful."

For more information about the drive and the organization, visit terraassociation.com.

• ASPEN ZETTEL

Proposed mine triggers protest

A small crowd gathered on the steps of the Alberta legislature yesterday morning to speak out against Total's proposed new mine site.

Barrels representing barrels of toxic sludge outnumbered the protesters but their message was still loud and clear.

"Today we have 60 200-litre rain barrels that represent how much Total will be producing in tailings every 30 seconds," said Greenpeace campaigner Mike Hudema. "The provincial

government themselves have said that they want to eliminate tailings ponds, yet they're on the cusp of approving another one."

If approved, Hudema said Total's Joslyn Mine would put out 1.5-million tonnes of greenhouse gases into the atmosphere, release 12.5-billion litres of toxic tailings waste, and remove and pollute up to 22-billion litres of fresh water from the Athabasca River each year. • **ANDREAS MORSE**

Horcoff named captain

said Horcoff was an obvious choice.

"It's obviously a tremendous honour for myself and my family," Horcoff said.

"With the tradition that the Oilers have here as a team, and with the leaders they've had, just to be added to that group of names is something that I never thought would happen. But now that it has, it's a big honour."

• **ANDREAS MORSE**



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Prison population rising

Alberta's inmate population is growing.

A Solicitor General's report says the number of people in provincial jails is projected to grow by 23 per cent over the next five years.

More than 58 per cent of Alberta's inmate population is in custody awaiting trial.

The report also says in-

mates need more supervision due to physical and mental health problems.

As well, the report says many have gang connections, which can stir up trouble.

Edmonton's new Remand Centre should ease some of the overcrowding in the corrections system when it opens in fall 2012.

THE CANADIAN PRESS

23%

Projected increase in population in Alberta's jails over the next five years, according to a provincial Solicitor General's report.



► A collection of animatronic characters displayed yesterday is set to decorate Whyte Avenue's storefronts throughout the holidays.

ASPEN ZETTEL/FOR METRO EDMONTON

elect Lori Jeffery-Heaney ward 8

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Animatronics a feast for the eyes

► Return of the Magic to Old Strathcona for holidays

Old Strathcona's window displays will get a boost

this holiday season with Return of the Magic, launching Dec. 1.

The animatronics displays have been recovered from various distributors and carefully refurbished to work like new again.

Nine businesses have agreed to the displays from 99 Street to 109 Street

along Whyte Avenue.

"We expect up to a million visits to this during the seven to eight weeks it will be up," said Shirley Lowe, Executive Director of the Old Strathcona Business Association.

"There are at least three generations now that remember this, and two generations that have never seen it. You look at it and

you get intrigued."

The displays include various environments with bears, dolls, and elves and are the product of the hard work and creative skills of Tim Moore, artistic director, and his wife Denise Moore. Denise costumed the characters and is involved in all aspects of design and display.

● ASPEN ZETTEL

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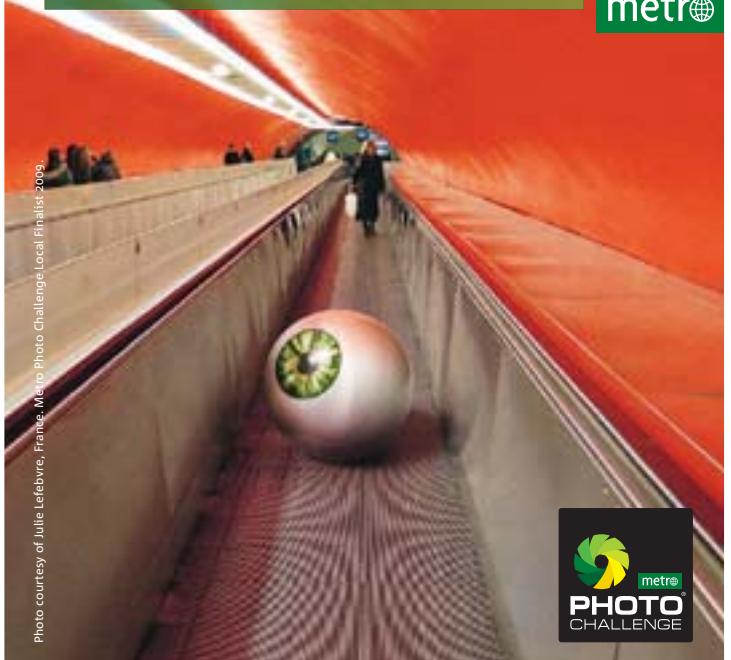
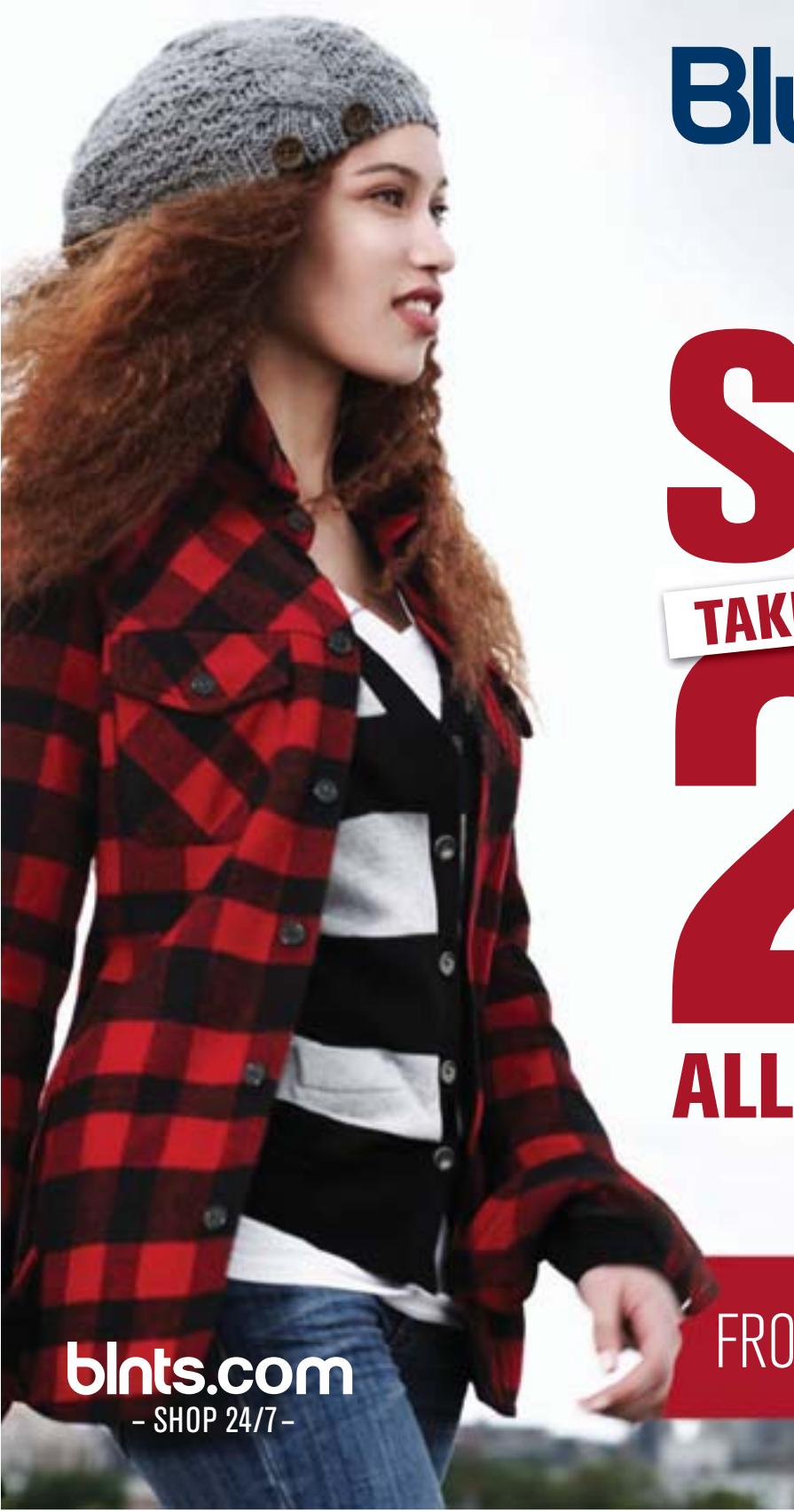


Photo courtesy of Julie Lefebvre, France. Metro Photo Challenge Local Finalist 2009.

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Canada pulling out of Kandahar too early: NATO

► Canadian troops leaving at 'critical time,' says NATO chief of operations ► Withdrawal planned for next year

Canada's planned withdrawal of troops from Kandahar next year threatens to undermine progress being made in the volatile Afghan province, a senior NATO officer said yesterday.

Coalition and Afghan forces in Kandahar have in recent months launched a multi-pronged offensive against Taliban insurgents.

Many see the operation, dubbed Hamkari, as the international community's last chance to bring stability to southern Afghanistan.

NATO's chief of operations for southern Afghanistan, Col. Dave Bellon, said the Canadian withdrawal, which will occur

"There is no other country that is going to backfill Canada in Panjwaii, except the United States, and there are no additional forces (in Afghanistan)."

COL. DAVE BELLON,
NATO'S CHIEF OF OPERATIONS
FOR SOUTHERN AFGHANISTAN

during the middle of next year's fighting season, "couldn't be at a more critical time."

Bellon indicated it will be impossible to replace Canada's more than 1,000

combat troops without diminishing forces elsewhere in the country.

"I'll shoot you straight; it's going to hurt us," Bellon said. "That means we're going to take an already stretched force and stretch it further."

The vast majority of Canada's combat troops are currently based in Panjwaii, a largely rural district southwest of Kandahar city known as a Taliban stronghold.

The Canadian battle group is being used to block their access to the city as U.S. forces push the Taliban down from neighbouring Zhari district.

THE CANADIAN PRESS



► This custom-designed Barbie is wearing a one-carat pink diamond necklace, and will be the world's most expensive Barbie when she goes on the auction block.

THE ASSOCIATED PRESS

Barbie gets some bling

Big girls will love this doll. Christie's in New York will sell this Barbie, created by international fine jewelry designer Stefano Canturi, for an estimated \$300,000 to \$500,000 on Oct. 20. All proceeds will benefit the Breast Cancer Research Foundation in support of Breast Cancer Awareness Month.

Thief says he feared for his life

A thief is testifying he feared for his life when a Toronto Chinatown grocer chased him down, tied him up and threw him into a van.

Anthony Bennett — who pleaded guilty last year to stealing \$60 worth of flowers — says shopkeeper David Chen could have just walked him back to the store.

"I didn't know if these guys were going to take me back to the store ... or what their intentions were," Chen testified yesterday.

"Why couldn't we just walk back to the store? Why did they put me in the van?"

"I was in fear for my life."

Bennett took the witness stand as Chen's trial on confinement and assault charges got underway.

He admitted to stealing flowers from Chen's store in May 2009 and then returning about an hour later, when he was caught.

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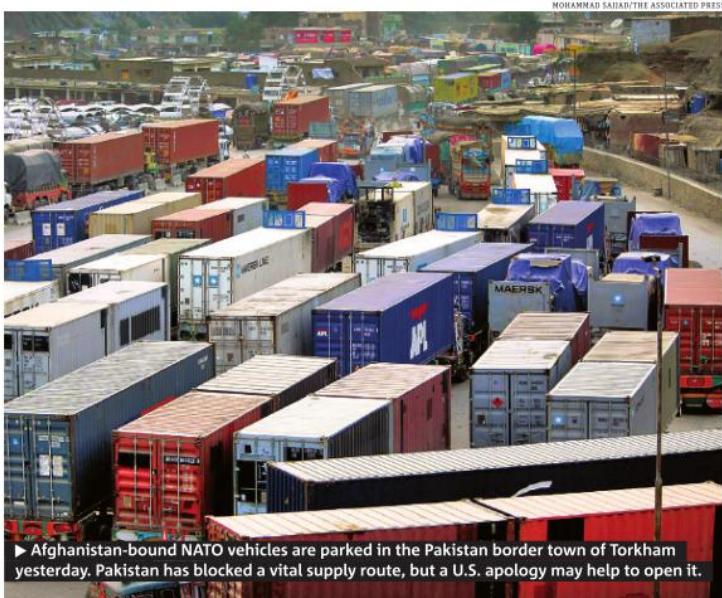
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Traders profit from stolen American goods

► Looted U.S. wares in high demand along road in Afghanistan ► Scores of markets have sprung up

In a rundown market along the road to Afghanistan, you can buy U.S. Army gear stamped with soldiers' names, booklets marked "for official use only," even a manual that illustrates how "jammers" can stop remote-controlled bombs.

The traders in Peshawar, Pakistan, are coy about where their stock comes from.

But it's clear much of it is stolen from trucks carrying military supplies over the border.

Raids on warehouses where the looted goods are

U.S. says sorry

- The U.S. apologized yesterday for a recent helicopter attack that killed two Pakistani soldiers at an outpost near the Afghan border.
- American pilots mistook the soldiers for insurgents that were pursuing, the U.S. said.
- The apology could pave the way for Pakistan to reopen a key border crossing that NATO uses to ship goods into landlocked Afghanistan.

stockpiled have even turned up photos mailed to U.S. soldiers from loved ones back home.

The Sitara Market, on the outskirts of Peshawar, is some 100 metres from the border that separates the tribal regions of northwest Pakistan from the rest of the country.

Scores of markets like Sitara have sprung up, dealing in Western goods such as diapers, food and electronics.

"American goods are No. 1," said one shopkeeper. "Everything is the best."

THE ASSOCIATED PRESS

CIVIL LIBERTIES

Piercing is article of faith: Student

The American Civil Liberties Union claims in a lawsuit filed yesterday that a North Carolina school violated the constitutional rights of a 14-year-old student by suspending



her for wearing a nose piercing.

The lawsuit from the state chapter of the ACLU seeks a court order allowing Ariana Iacono to return immediately to Clayton High School, which has kept her on suspension for four weeks since classes started.

The complaint hinges on Iacono's claim that her nose piercing isn't just a matter of fashion, but an article of faith.

THE ASSOCIATED PRESS

Woman poses as teenage boy

A woman admitted yesterday that she posed as a teenage boy so she could date a teenage girl, pleading guilty to a misdemeanour charge of sexual imposition.

Patricia Dye, 31, also pleaded guilty to misdemeanour charges of attempted sexual imposition and contributing to the delinquency of a minor.

THE ASSOCIATED PRESS

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Crull named Bell's new boss

Bell Canada has named Kevin Crull as the successor to longtime CTVglobemedia head Ivan Fecan as the telecom company begins a push to harness broadcast content from CTV television for use on its Internet and wireless networks.

Crull has been leading Bell Canada's residential services business, which includes its Bell TV, Internet and home phone operations across the country. He will move into his new job Jan. 1.

Last month, Bell Canada's parent company bought the rest of the CTV television network it doesn't already own for \$1.3 billion, hoping to provide video content to millions of subscribers through TV sets, online and mobile devices.

THE CANADIAN PRESS

New plant, new methods for Maple Leaf operation

Maple Leaf Foods is taking on broad operational changes, including plant consolidation and construction of a new prepared-meats factory starting in 2012, to improve its profitability and competitiveness.

The five-year strategic plan calls for the Toronto-based company, one of Canada's largest food producers, to increase spending on "strategic" initiatives — a total of \$755 million from this year through 2013.

Initial changes will include pricing adjustments and tweaking of its promotional activities, as well as simplifying manufacturing

Economy to strengthen: IMF

Combined, advanced economies such as the United States and Europe are forecast to grow

likely strengthen the rest of this year and in 2011 as China and other emerging powers offset weakness in the United States and Europe.

Canada will continue to lead the United States in terms of growth, according to the latest outlook of the International Monetary Fund, but the IMF's estimates for both countries has been lowered since the previous outlook in July.

The IMF predicts the world economy will expand overall by 4.8 per cent this year and 4.2 per cent next year.

That would far surpass last year's 0.6 per cent decline, the worst since the Second World War ended in 1945. The IMF's forecast for worldwide growth this year is 0.2 percentage points more than its previous estimate in July.

The world lending agency estimates Canada's

2.6

The IMF predicts the U.S. economy will grow by only 2.6 per cent this year, below its previous estimate of 3.3 per cent, and by 2.3 per cent next year.

economy will expand by 3.1 per cent this year and 2.7 next, slower than its

predictions in the summer.

The IMF's forecast, released yesterday, points to lingering weakness in the United States and Europe after the worst recession since the Great Depression.

The agency says the global economy will require a balancing act: Countries with huge trade and budget deficits such as the United States will need to boost exports.

THE ASSOCIATED PRESS



► Trader Robert Gray works on the floor of the New York Stock Exchange.

Costco's net income rises, but stock falls

Increased revenue from selling memberships and strength overseas helped push Costco Wholesale Corp.'s net income up 16 per cent in the fiscal fourth quarter.

Costco's shares fell 57 cents to \$64.09 US in morning trading after revenue that came in shy of analysts' forecasts.

The nation's biggest warehouse club operator has seen the number of customers in its clubs grow as shoppers hunt for deals in the weak economy. Costco reported it earned \$432 million, or 97 cents per share, for the period ended Aug. 29. That's up from \$374 million, or 85 cents per share, a year ago. This beat analysts' estimates of 95 cents per share, according to Thomson Reuters.

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"This plan will enable Maple Leaf Foods to further address what we believe is a structural shift in currency, which has caused a productivity gap for Maple Leaf."

MAPLE LEAF PRESIDENT AND CEO MICHAEL MCCAIN

in both its bakery and meat products divisions, the company said.

Maple Leaf said previously announced plans for its massive new bakery in Hamilton will also help the company's growth because it consolidates other facilities starting in the middle of next year.

The plan for a new prepared-meats factory hadn't been previously announced.

Maple Leaf says it hopes the changes will boost its earnings before interest and taxes margins by 75 per cent over the next five years. Maple Leaf has been undergoing changes for several years as it works to strengthen its position against competitors and move a Listeria-tainted meat recalled linked to its Toronto plant, which left 22 people dead in 2008.

THE CANADIAN PRESS



► Displayed are bottles of Constellation Brands Inc. beer products including, Negra Modelo, left, Tsingtao, St. Pauli Girl, Corona Extra and Pacifico.

MATT ROURKE/THE ASSOCIATED PRESS

Booze maker's stock drops

The maker of Robert Mondavi wine and Svedka vodka said its second-quarter net income fell eight per cent on lower wine, beer and spirits sales. For the three months that ended Aug. 31, Constellation Brands Inc. earned \$91.3 million US, or 43 cents per share. In the same period last year, it earned \$99.7 million.



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Giant firm finds new frontier

► Bombardier capitalizes on India's rapid growth and desire to modernize

India is shaping up to become the next lucrative frontier for Bombardier as the global train and plane manufacturer seeks to win billions of dollars of new contracts.

Decades after it set up shop in the world's most populous democracy, Montreal-based Bombardier is looking to reap the benefits of its efforts and the Asian country's rapid growth and desire to modernize.

A liberalized market shift in government policy in the 1990s has given foreign companies more opportunities to enter the thriving market, where

3 Million
Bombardier is aided by an Indian policy requiring metro systems to be developed for cities with more than three million people.

cities the size of the Greater Toronto Area are popping up.

Bombardier built a new plant that will serve as its manufacturing base in India. The world's largest railway manufacturer also sees opportunities for commuter trains.

THE CANADIAN PRESS

Japan. A glimpse of the future



► Visitors wearing 3-D glasses are captivated by TVs.

SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

3-D? The eyes have it

E-book readers, the first glasses-free 3-D televisions and a next-generation "Smart Grid" power transmission network are among the visitor favourites at CEATEC Japan, the country's biggest consumer electronics show in Chiba, near Tokyo.



Americans keeping watch on wallets

Americans kept spending carefully last month, buying electronics and back-to-school clothes but holding back on luxuries.

But erratic weather and tepid economic

news dampened sales, according to data released yesterday by MasterCard Advisors' SpendingPulse, which includes transactions in all forms including cash.

Clothing sales rose 3.8 per cent, driven by children's and family clothing, which includes teen retailers, as stores offered back-to-school discounts.

Other positive categories included electronics, footwear and jewelry.

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Now your TV can be a videophone

Cisco Systems Inc., seeking to become a bigger name in consumer electronics, said yesterday it's going to start selling a

\$599 US box that turns living-room TV sets into big videophones.

Cisco said the device will give consumers

such features as the ability to retrieve video messages left for them when they're not at home.

THE ASSOCIATED PRESS



Currency war threat to recovery: Flaherty

An international currency war is threatening the global recovery, Canadian, U.S. and other officials warned yesterday.

The issue appears to be coming to a head in advance of tomorrow's finance meetings in Washington involving the G7 countries and the International Monetary Fund.

"There is a danger here that countries that have currencies that trade freely are disadvantaged by certain interventions that are made by other countries, and by inflexibility by certain currencies," said federal Finance Minister Jim Flaherty.

"We don't want these kinds of distortions in currency values or distortions in trading relations."

U.S. Treasury Secretary Timothy Geithner was far more blunt, calling out countries like China that have built a powerful export-based economy on what experts say are artificially depressed currencies.

He said the issue is so critical that the call by emerging countries for a bigger role at the IMF should be tied to their willingness to adopt more flexible exchange rates.

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The Institute of Chartered Accountants of Alberta is offering courses to help you learn the language skills you need to be successful in your accounting career.

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A TRAGICALLY UNHIP LIST OF TUNES

He says ...

JOHN MAZEROLLE



The book 100 Top Canadian Singles is on sale, and here are the coveted top 35:

35. If I Had A Rocket Launcher It Would Be Registered, Bruce Cockburn
34. William Shatner's Rocketman (Elton John version only)
33. Pulled Aside At The Airport Again, Raffi
32. How's About The Boy From Labrador City?, Moose Factory Transfer
31. Sometimes When We Touch (first two seconds only), Dan Hill
30. Tom Cochrane contemplates that all his obituaries will involve mention of an exit ramp (dinner conversation)
29. The Weight, Burton Cummings
28. Ave Maria, Chad Kroeger
27. Smash Your Radio With A

Hammer!, Shania Twain
26. Canadian Railroad Trilogy re-release with updated special effects (Lightfoot shoots first), George Lucas
25. The Treehouse Theme Song ("Come with me ...")
24. Teenage John Mazerolle plays the euphonium in his living room (casingle only)

23. Could Have Been A Lady, A Hungover Guy Trying To Remember What Happened
22. The Hampster Dance Song
21. Takin' Care Of Business (as soon as we launch this exploratory committee into the viability of holding hearings into the possibility of changing legislation), The Canadian government
20. Huckleberry Finn, Rush

19. OK! Blue Jays! (Ballad version only)
18. Hasn't Hit Me Yet, any opponent of the Edmonton Oilers
17. I've Always Got Time For You, Tim Horton

"15. Constant Raving, Don Cherry"

16. The Eyes Of A Stranger, The Morgue Robbers
15. Constant Raving, Don Cherry
14. Hope, Love, Faith, Blah, Blah, Blah, Canadian Idol winners
13. Hair!, Justin Bieber
12. (Everything I Do) Kind Of Sucks, Bryan Adams
11. Sunglasses At Night, The Insufferable Hipsters
10. Whatcha Do To My Body, Anne Murray
9. Wondering Where The Lions Are, A Fired Zookeeper
8. Token French Song, Two

Solitudes
7. OK, So It's Been A Long Time, Trooper
6. Up On Physically Disabled Creek, The Politically Correct Band

5. Sonny's Dream (losing his teeth, then naked in front of crowd, then trying to run but can't version), Ron Hynes
4. If I Had \$667,000, Barenaked Ladies (April 30 concert)

3. If You Could Read My Mind, You'd Know I Wasn't Dead, Gordon Lightfoot
2. Porky's II read-along story-book (on 45)
1. O Canada (secular, gender-neutral version)



Read more of John Mazerolle's columns at metroneWS.ca/hesays

Cartoon

MICHAEL DE ADDER



New wardrobe bylaws

Worth mentioning

Ukraine's glamorous former prime minister is slamming a new government dress code as "laughable." Yulia Tymoshenko, known for lacy dresses and stilettos, said yesterday the dress code would prevent the Queen from entering cabinet premises.

"The Queen of England and (Libya's leader Moammar) Gadhafi, for instance, for sure would not have been allowed in the cabinet," Tymoshenko, who is now a top opposition leader, quipped at a news conference yesterday.

The code adopted this week calls on men work-

A vote for fashion



ing at the Cabinet of Ministers to wear mostly grey and dark blue suits and not wear the same suit to work two days in a row. Women are asked to stick to business suits and low-heeled shoes, and refrain from excessive makeup and jewelry.

Tymoshenko's stylish outfits and traditional Ukrainian braid have

earned her a reputation as a glamour and fashion icon.

Some observers noted a new dress code was overdue for government offices and other institutions in Ukraine, where women often wear tight, low-cut dresses to work while men are often seen in the same outfit for days in a row. **THE ASSOCIATED PRESS**

What's the most spontaneous thing you've ever done?

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Metro Minute with the Hope Mission

Yesterday was Hope Mission Day in Edmonton, which kicked off the mission's Feed The Hungry Radiothon.

Every day, the Hope Mission serves more than 1,000 meals, provides shelter for more than 600 people and helps change countless lives.

This year, CISN Country 103.9 FM's Chris Sheetz

will experience first-hand the day-to-day struggles of finding food and a warm place to sleep on the streets of Edmonton.

The Waking Crew host will be sharing his experience of street life while raising awareness of homelessness and helping raise money for the Hope Mission.



► The Hope Mission.

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Movies



Emma Stone will play Gwen Stacy in the next Spider-Man movie. Stone will star opposite Andrew Garfield, who plays Spidey and alter-ego Peter Parker.

Director Marc Webb says the chemistry between Stone and Garfield was "stunning."

The new movie will focus on a younger version of the superhero. It will be filmed in 3-D, and is scheduled for release July 3, 2012.

THE ASSOCIATED PRESS



A visit to Spider-Man Turn Off the Dark reveals a humongous production.

► Reznor and Fincher team up for Facebook movie ► Reznor was inspired to create a sinister soundtrack, with undertones of anxiety ► The Nine Inch Nails frontman has also formed a new band, How to Destroy Angels, and has an HBO series in the works

ENNIO LEANZA/AP PHOTO/KEYSTONE



► Trent Reznor, singer of the band Nine Inch Nails, performs during the Music Openair Festival in St. Gallen, Switzerland, in June 2009.

Trent Reznor scores with The Social Network

■ Film

Trent Reznor were both central figures in the heyday of music videos, their most significant collaboration has come years later — not on MTV but in one of the most acclaimed films of the year.

Reznor — with producer Atticus Ross — provides the dark score to The Social Network, Fincher's film about the rise of Facebook, the social networking behemoth.

Like Jonny Greenwood's score to Paul Thomas Anderson's There Will Be Blood, Reznor's soundtrack adds an ominous, unmistakable layer to The Social Network.

Reznor was pleased, he says, that his score "made it a shade darker."

Before coming together for The Social Network, Fincher's film about the rise of Facebook, the social networking behemoth.

In the late 1980s and

1990s, Fincher was one of the most sought after music video directors, while Reznor and his industrial one-man band, Nine Inch Nails, often worked with the form's best artists — notably for the video to Closer, directed by Mark Romanek.

Reznor and Fincher had tried many times to do a video project together. "We talked about him scoring a film," Fincher says.

Fincher didn't direct a

Nine Inch Nails video until 2005 (Only), though he did use a version of Closer for the opening credits of his 1995 film Se7en. The two also discussed a Broadway adaptation of Fincher's 1999 movie Fight Club, which wasn't realized.

When Fincher approached Reznor last fall with the idea of scoring The Social Network, Reznor — looking for time off after just completing a Nine Inch

The score

Fincher wanted the soundtrack to have a synthetic feel, with something organic to represent humanity — the piano.

► Hand Covers Bruise is among the most striking of the instrumental songs.

► In the Hall of the Mountain King soundtracks a regatta scene, and is a version of the Edvard Grieg track.

Nails farewell tour and getting married — turned him down. He was also initially apprehensive.

"Any skepticism was based purely on hearing the sentence, 'It's a movie about Facebook,'" says Reznor, who was rapidly convinced by Aaron Sorkin's script and Fincher's intentions. "Any fear I had that it was trend-hopping or zietgeisty quickly evaporated."

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Thursday, October 7: 10am-8pm	Friday, October 8: 10am-8pm	Saturday, October 9: 10am-8pm	Sunday, October 10: 10am-5pm	Monday, October 11: 10am-5pm
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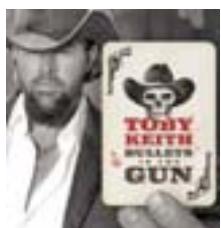
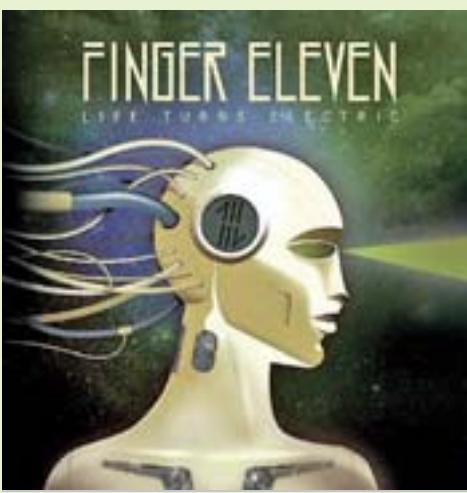
Album reviews

Formula for guitar rock success**Finger Eleven****Album:** Life Turns Electric
Label: Wind-up/Sony

It's hard to believe this band started out in Burlington, Ont., as an edgy bunch of punks called the Rainbow Butt Monkeys. A name change and two monster hits (One Thing and Paralyzer) have given Finger Eleven the taste of Top-10 success and the band hopes to have another

drink from the cup with the new single Living in a Dream. The song is so close to the Paralyzer template, one song could bleed into another. It's cynical to think Paralyzer fans will come rushing back for more of the same. But, hey, it always worked for Nickelback. Still there's enough distinctive guitar rock on the album in songs like Any Moment Now and Pieces Fit to keep Finger Eleven's credibility in tact. The most interesting track here is the closer, a gentle rolling song called Love's What You Left Me With. **Outstanding track:** Love's What You Left Me With

● GRAHAM ROCKINGHAM

**KT Tunstall****Album:** Tiger Suit
Label: EMI

KT Tunstall's third record builds on her acoustic pop sound. She's clearly trying to expand her comfort zone by adding electro riffs and dirtier rock guitars.

Outstanding track: Push that Knot Away

● BRYAN BORZYKOWSKI

Toby Keith**Album:** Bullets in the Gun
Label: Universal

Toby Keith sticks to tried-and-true country formulas on his 15th studio album. Keith is best when he's pokin' fun at his own macho image on Get Out of My Car.

Outstanding track: Kissin' in the Rain

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Mel's ex spills on secret recordings

► Oksana Grigorieva claims she feared for her life

Oksana Grigorieva is finally speaking out about her feud with Mel Gibson and why she recorded his tirades over the phone to her.

"I thought he would kill

me," she tells People magazine. "I needed to document his threats."

The Russian singer insists the recordings were never meant as extortion. "I'm not angry at him," she

says.

"For the sake of (our daughter) Lucia, I really want him to be well. He has to have the courage to be responsible for what he's done." ■ METRO

Biebs thinks Pattinson the ideal wing man

Justin Bieber doesn't necessarily need help picking up girls, but he wouldn't mind having Robert Pattinson by his side, according to Hollyscoop.

"We should go to a few showbiz parties and see what happens," Bieber says. "Robert says his hair is a great ice-breaker, so maybe we can go up to girls and be like, 'Do you wanna touch our hair?' How about that for an



opening line?" The Canadian singer wouldn't mind venturing to the Twilight star's homeland, either: "The girls go crazy for him over here, but I have a big thing for English girls so maybe we could hit a couple of parties in London as well," he says. ■ METRO

Celebrity tweets



50 Cent [\[@50cent\]](#)

You know if you don't like me something might be wrong with you. I just looked in the mirror and I'm cool man.



Joseph Gordon-Levitt [\[@hitREcordJoe\]](#)

My super hero brother [@burningdan](#) 1974-2010. Celebrate his life.



Eliza Dushku [\[@eliza-dushku\]](#)

Can I attach my computer/laptop to my home tv so I can watch online netflix on big screen? Yelp please



Conan O'Brien [\[@ConanOBrien\]](#)

Okay, I admit it. I find Meg Whitman's ex-nanny weirdly attractive. ■ METRO

Family starting to worry about Miley's wild ways

Miley Cyrus' family is reportedly starting to worry that the teen starlet will turn into another Lindsay Lohan, according to Hollywood Life.

"At first Miley's mom, Tish, got upset when people would tell her her daughter was being wild, but now she's realiz-



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3 life

McQueen



In the months that followed Alexander McQueen's suicide in February, the fashion world was abuzz with speculation about the future of the house. But following Sarah Burton's brilliant debut this week at the helm of the label put any rumours about the house's future to rest.

THE ASSOCIATED PRESS



1



2



3



4

The final word from Paris



KENYA HUNT

STYLE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

In the international parade of catwalks, Paris always is the definitive fashion week.

The shows seemed to overwhelmingly fall into two categories: structured '70s-influenced shapes or light and airy fluidity.

In part, the disco-era work of Yves Saint Laurent partly influenced the '70s feeling in the air from the flared trousers at Sonia Rykiel and Akris to, of course, the ruffled dresses and le smoking reinterpretations at Yves Saint Laurent.

Louis Vuitton ended the week on this note with an extravagant study in the idea of camp with glam, opulent, shimmering dresses

in bold jewel tone colours. Meanwhile, a lighter, airy school of thought also emerged this week through the fluid, diaphanous skirts and dresses at Lanvin, Rochas, Stella McCartney and Chloé to just a few.

1 STELLA MCCARTNEY

With so few designers actually paying attention the seasons they're designing for (half of Spring/Summer '11 could be worn in autumn and winter), it's nice to see a collection that seems genuinely tailored for warm weather.

McCartney's pastel blazers and high-waist cropped trousers were just light enough for a spring day in the office. Meanwhile her jumpsuits with thigh-high slits seemed designed with a summer breeze in mind.

Other standouts includ-

ed a series of dresses in bold graphic prints of oversized citrus fruits.

2 CHLOÉ

Change is good. Just when it seemed fashion was giving us blush and camel overload, Hannah MacGibbon took a departure from the colours palette she helped make famous.

With an audience filled with editors wearing (you guessed it) camel and blush, Hannah MacGibbon sent models out in crisp whites, black and taupe with a single moment of red. The colour palette wasn't the only major change.

Her trademark '70s silhouettes were replaced with clean and thoroughly modern minimalist looks: a series of delicately pleated dresses that hit the knee and mid-calf and

trouser and long sleeve tee pairings that had a note of restraint.

MacGibbon also explored transparency, which we've seen a lot of this season, in sheer, tulle ballerina-like dresses.

3 YVES SAINT LAURENT

This runway season, many designers have referenced the work of the man, Yves Saint Laurent. So it goes without saying that the house, Yves Saint Laurent, would need to be the definitive voice on these ideas.

Stefano Pilati's collection, intelligently and beautifully reinvented the masters trademarks including a smoking tuxedo jacket, the colours orange, longish ruffled dresses and more with strong results.

They were exactly the kind of vibrant, feminine clothes that Pilati needed to show after last season's lukewarmly received, clinical looks. They captured the trends of the season in a memorable way.

4 CHANEL

Always known for his mastery of the theatrical in fashion, Karl Lagerfeld staged the ultimate garden party with models walking through an elaborate runway set modeled after the landscaped greenery of Versailles.

The looks, easily the most sublime of the week, ranged from ethereal (fantastical, couture-like tiered gowns with tulle and feathers) to whimsical (tweed suits with frayed edges.) At the end of a long week of shows, the collection was a burst of energy.



British designer Giles Deacon's debut breathes new life into Ungaro

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Pushing style standards

► Tina Knowles mixes urban style, suburban life, womanly shapes in her new clothing line for Walmart

Tina Knowles taps just about everyone around her to be a fit model for her new line of clothes that just moved into Walmart, from her best 50-something-year-old friend in Houston to the young hip woman answering phones in her Manhattan office.

And, yes, her daughter, Beyoncé, already has samples from the upcoming spring collection.

But nothing goes into the collection, called Miss Tina, that she doesn't think complements her own figure.

"I'm the best model for this," Knowles says. "I'm busty, I'm full under the arms and around the back. I couldn't wear jackets or a white button-down shirt before, and I don't want bare arms. All I was looking for was a jacket that actually closed."

Knowles started this label — separate from the



► Tina Knowles new clothing line, called Miss Tina, mixes urban style, suburban life and womanly shapes

more upscale House of Dereon and junior line Dereon that she works on with Beyoncé — about three years ago, originally partnering with HSN. It was a great experience that afforded her the chance to get feedback from customers, Knowles says.

She did take the advice,

even about her own appearance.

"Since I was 16, I wore red lipstick. My girls have told me for years not to wear red lipstick, but I didn't listen. But then when a caller said it, I listened," she says with a smile. "You know how it is with family."

When the time came to

choose a bigger retail outlet, Walmart was the one willing to do the extended size range that Knowles wanted: up to a size 18.

Whether you're a size 4 or 20, women want the same thing, according to Knowles.

"These clothes are all made with the thought process to make you look

(Knowles will be in Atlanta, Dallas, Phoenix, Los Angeles, Torrance and West Sacramento, Calif.)

"When I owned a hair salon back in Houston, I did a lot of makeovers. Women would come in for a new hairstyle and go out with a whole new look. I know what looks good on a woman."

The one silhouette she'd like to see women break out of their comfort zone and try are the attached miniskirt-legging combination.

It doesn't have the hangier appeal of, say, a snake-print dress, but she thinks that it's universally flattering.

The most valuable style advice, however, comes from within, she says. "The best thing you can do is take your time to study your own style, then the individual pieces will come naturally."

THE ASSOCIATED PRESS

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Fashion going viral to generate new buzz

With Fashion Week season wrapping up, the runways of the world's fashion capitals are once again featuring designs for the coming spring and summer.

Yet for showcasing what's hot and buzzworthy in the world of style, the catwalk is no longer the only game in fashion town.

Through short films and digital media, designers, fashion and beauty companies are diversifying the ways in which they transmit their vision and creations to the masses.

What's more, they're providing stylewatchers with the chance to take an extended look at their of-

"It's adding value to the traditional forms of media, but I do see this as being a wave of the future."

DEANNA DEVITT, DEPARTMENT HEAD OF FASHION DESIGN AT THE UNIVERSITY OF THE FRASER VALLEY IN BRITISH COLUMBIA

ferings, beyond the often rapid-fire glimpses on the runway or in more conventional ads.

Deanna Devitt, department head of fashion design at the University of the Fraser Valley in British Columbia, sees the embrace of digital technology as a shift that's "humanizing the industry" and helping to forge and nurture ties to consumers.

For example, she notes she's seeing that a lot of

designers are not just streaming videos, but asking for input.

"It's adding value to the traditional forms of media, but I do see this as being a wave of the future," she said.

"I really do see that reaching broader audiences, getting your product out there is going to help you with sales and connecting with your customer."

THE CANADIAN PRESS



► Designers and beauty companies are creating short films and using digital media to transmit their vision and creations to the masses

Ideas for your kitchen?

► You've been invited into her TV kitchen for years ► Now, as a first-time homebuyer, you can make your new kitchen look like Martha Stewart's

DECOR MOMENT

KARL LOHNEs
HOME@METRONEWS.CA

Last week I was invited to New York City to preview the latest product from Martha Stewart; her new collection of kitchen cabinetry for KraftMaid Cabinetry, which launches in Home Depot stores this month.

The kitchen styles are reminiscent of Martha's own kitchens and the ones you've seen on her television shows and in her magazine. They are casual, simple and detail oriented; just what you would expect from this queen of organization and style.

They were everything I expected; quality, great

looks and very on-trend finishes that will last a long time. What I was not expecting — but what first-time homebuyers who want to upgrade their kitchen will like — is the affordable price. The cabinetry is at entry-level pricing for semi custom kitchens, and starts at \$125 per linear foot. I also like that she is offering us a first in affordable kitchens; the painted farmhouse looking style with features that are normally found in high-end kitchens.

Stewart was very charming and forthcoming about her ideas of the perfect kitchen; she loves quality, great organizational options. Beautiful details like shelf brackets, reproduction hardware and durable stone looking counter tops.

Once installed, you will have a classically-designed kitchen that will last a lifetime.



► Martha Stewart.



► A look at Martha Stewart's new line of cabinetry. Finer details at right.

Many looks

The kitchens come in 20 door styles, creating hundreds of finishes and looks. The most wonderful accents are brackets, painted cabinetry and great looking hardware; options that help to create the ultimate farmhouse kitchen; a look that has been lacking for a long time. Martha has teamed up with Corian for a great selection of counter tops; all her distinct counter top styles resemble stone counters but for a much lower price. Classic hardware styles that are reproduced in iron, polished brass and nickel finishes are right on track with the trends of today.



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Decorate for the harvest

HOMES IN STYLE

HEATHER BUCHAN
HOMES@METRONEWS.CA

Thanksgiving is the time for family and friends to gather around a harvest table to enjoy a hearty meal and good conversation. And nothing sets the mood better than a seasonally decorated tabletop. Here are some quick tips on how to dress your table to impress.

According to Canadian interior designer Jane Lockhart, host of the W Network's Colour Confidential, one of this fall's biggest decorating trends is the use of natural materials.

Think wooden bowls filled with pinecones and acorns, woven placemats and candlesticks wrapped with raffia.

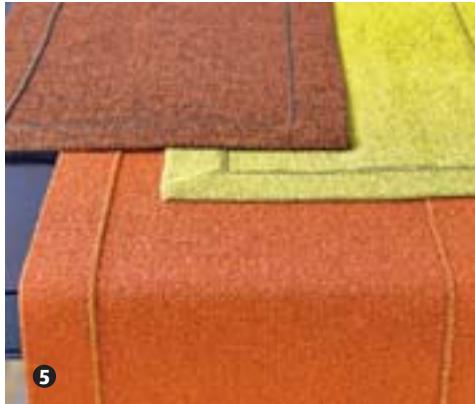
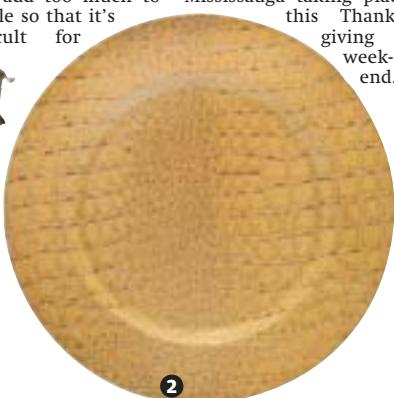
With that in mind, Lockhart suggests making a Thanksgiving centre piece statement by filling a large bowl or basket with mini-pumpkins, gourds, and green and red apples. "Avoid high centre pieces so they don't block people's views across the table," she says, adding, "I also like to add a decorative runner in a sage green or brown to ground the table overall."

As with any type of decorating, the key is to strike the right balance. "Don't add too much to the table so that it's difficult for

people to move or spread out for dinner," warns Lockhart. "Think function before decoration to avoid too much table clutter."

Just a few table accessories in fall colours — napkins, napkin rings, plate chargers, a runner, place cards, a few candles and a beautiful centre piece — go a long way to creating a memorable Thanksgiving dinner. And if 'bling' is your thing, Lockhart suggests adding a couple of mirrored candleholders or plate chargers to the mix.

Jane Lockhart will be speaking at the International Home Show at the International Centre in Mississauga taking place this Thanksgiving giving weekend.



1. CRATE&BARREL, \$11

This Birch Candlepod adds a dose of nature-inspired warmth to a Thanksgiving feast; crateandbarrel.com.

2. URBAN BARN, \$13

Plate Chargers (which are slightly larger than dinner plates and sit under them) instantly dress up a table. urbanbarn.com.

3. WEST ELM, \$10

Add some festive shimmer to the table with these porcelain Metallic Leaf Dessert Plates. westelm.com.

4. CRATE&BARREL, \$3-\$17

Light up the harvest table with these unscented purified paraffin Gourd and Mini-Pumpkin Candles. crateandbarrel.com.

5. CRATE&BARREL, \$29, \$39, \$49

Ground the table with a rustic, yet refined-looking reversible Weston Table Runner (comes in three colours: orange, green, brown; and three lengths: 60"x14", 90"x14" 120"x14") crateandbarrel.com



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► No matter how you slice it, there are a lot of questions when it comes to mortgages ► The best way to cope is to go into it very well-informed.

Taking out a mortgage is a big financial commitment — probably one of the biggest you'll ever make. From deciding whether to go with a fixed or variable rate, to determining how long you'll need to pay off your mortgage, to figuring out how much you can afford to borrow and how much money you'll need to buy and maintain your home, there are many factors to consider.

The Financial Consumer Agency of Canada (FCAC), offers online tools and material to make your research easier. You'll find tips and calcula-

tors to help you avoid stretching your budget to the limit when you buy your home.

There's also information on areas you may not have considered: How to pay off your mortgage faster, how to borrow on your home equity and what to consider when renewing and renegotiating your mortgage.

Sleep well knowing you've made the right choices

A mortgage is only one of your financial commitments. You may want to travel, start a family or spend money on enter-

tainment. You may also want to save money for retirement, major purchases or post-secondary education.

You can start with our Mortgage Qualifier Tool to help you determine whether you can qualify for a home mortgage based on your income and expenses. The Mortgage Calculator Tool works out your mortgage payment and provides you with a mortgage payment schedule.

The calculator also shows how much money and how many years you can save by making pre-payments. **NEWS CANADA**



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Camrose... 4879-68 Street, 780-672-6054

How to pay less for home insurance

Shopping for a home can be a fun experience, but with the numerous associated expenses it can be stressful as well. One item that homebuyers rarely consider is the cost to insure the potential new home.

"Things like having to replace some flooring or kitchen cabinets may sway a homebuyer's decision, but the cost of insuring the home is rarely considered," states insurance expert Wayne Ross from Aviva Canada.

"What many homebuyers don't realize is that by considering a couple of additional factors in their buying decision they can easily save a few hundred dollars on their insurance costs every year."

Ross suggests looking into a few key factors before making the big purchase:

- Location: If you live in a neighbourhood with a low crime rate you'll pay a lower premium.

- Proximity to fire protection: Homeowners who live close to a fire hydrant or fire station will pay lower premiums as a result of decreased fire risk.

- Heating: Do you use oil, gas or electric? If you heat with oil, or own a wood stove, you'll likely al-

so burn more money on your insurance premium.

- Wiring: Do you have breakers or fuses? Old wiring? Low electricity flow coming into the house? All affect your insurance costs and eligibility for insurance. Your insurer might require upgrades.

- Roof: If your roof has not been updated in the last 20 years, you might not qualify for insurance until it is re-shingled.

- Other factors like the existence of a monitored security and fire alarm system or a swimming pool will also factor into your insurance costs.

Before you make the final decision on the purchase of a new home, talk to your insurance broker or company to determine insurance costs. Additional information can be found at avivacanada.com.

NEWS CANADA

Make sure the attic is insulated

According to a recent TD Canada Trust survey, most Canadians are willing to pay more for greener homes. While building a brand new eco-friendly house is an option, there are many ways to make your existing home more sustainable, including energy efficiency renovations. Quick and easy do-it-yourself projects, like re-insulating your attic, will help with this goal.

drafts in windows, upgrading the caulking around doors or re-insulating your attic are a few easy ways to reduce your home's energy consumption. Best of all, these are all projects you can handle yourself."

How? It's easy. To begin with, install PINK FIBER-GLAS batt insulation or PROPIINK Blown Insulation to meet the recommended standard of R-50, and save on your heating and cooling costs. This will also help you reduce greenhouse gas emissions every year, year after year, making your house more energy-efficient and eco-friendly. NEWS CANADA



Home sales are on their way up

Edmonton's retail market is keeping steady with some bright numbers in higher-priced home sales though a high inventory is a potential worry, statistics show.

"Residential real estate in Edmonton is fairly stable as far as pricing goes. We had a rapid increase in sales at the beginning of the year because of financial incentives offered, though things have levelled out now," said Jon Hall of the Realtors Association of Edmonton.

The average single-family dwelling in Edmonton sold for \$370,000 in 2010, up slightly from the \$367,000 average in 2009 while the average price of a condominium dipped

down to \$239,000 in 2010 from \$244,000 in 2009.

Larger and more expensive homes are still driving the city's real estate market, Hall says, suggesting the city's western half is still the place to buy in if you can afford it.

"People with money are still buying homes in the west and south-west where the prices tend to be a little higher," Hall said.

For example, in the south-western neighbourhood of Falconer Heights where prices and homes tend to be larger, homes average between \$400,000 and \$650,000 in price yet sell in just 22 days on average, much faster than the city's 57-day average.

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Adorn those naked walls

► Online galleries, local art shows great places to find affordable decor items for your new home

Naked walls and bare tabletops can be intimidating to amateur decorators — that is, to most of us. But there's bona-fide artwork out there — online, maybe in your hometown —

for every budget.

Sleuthing out what suits your space and taste is part of the fun.

"Art is a great investment and it doesn't have to be expensive if you buy it

smart," says Rachael Liska, senior editor at Fresh Home magazine.

Steven Young Lee, resident artist director of the Archie Bray Foundation for the Ceramic Arts, notes

that art can be inspirational, and affect viewers on an emotional level.

"You want to live with pieces that continue to influence you in some way," says Lee. "You may notice

something different every time you look at it. Your perspective changes and the work changes with you."

That also means you may want to freshen rooms from time to time with different art.

Art aficionados on the prowl for lower prices can also check with art schools and universities. Local art shows provide a chance to view a wide range of talent and styles as well.

"You can find original art for the same price as some prints, and it's made with lots of passion and love," says David Bromstad, host of HGTV's *Color Splash*: **MIAMI**. **THE ASSOCIATED PRESS**

► Online

- Online, there are several web-based galleries where you can browse, purchase — even test buy — original artwork. They include Ugallery, where buyers may try out a piece of art for a week. If it doesn't work out, the return shipping is free.
- "There's not a lot of other galleries that allow you to do stuff like that," Liska says. "It really has a diverse collection of styles."
- Etsy and ArtFire sell fine art among scads of crafts, some of it kitschy.

ARCHIE BRAY FOUNDATION/THE ASSOCIATED PRESS

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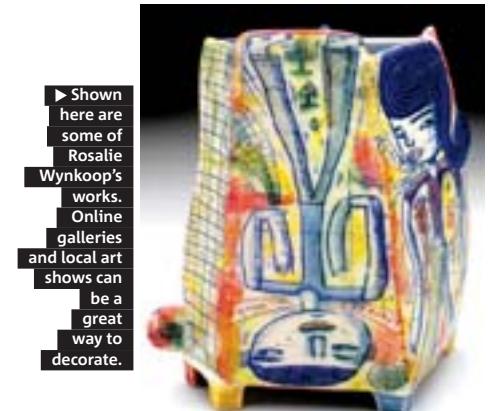
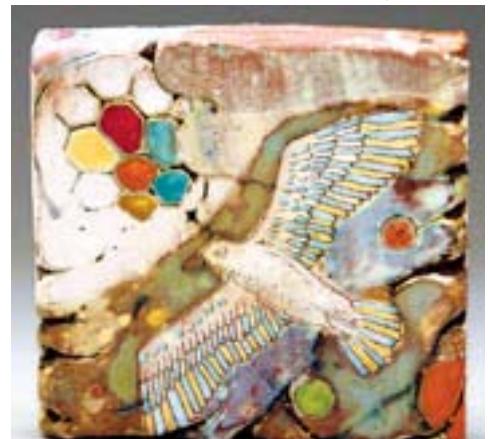
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► Shown here are some of Rosalie Wynkoop's works. Online galleries and local art shows can be a great way to decorate.

Perfect pizza

LUNCH RUSH

CHRISTOPHER THRALL
FOOD@METRONEWS.CA

Famoso defies expectations at every turn. I was in an elegant restaurant, but was told I had to place my order at the counter. I was served a hand-tossed, genuine Neapolitan pizza made of imported, low-gluten flour and topped with imported Italian tomatoes which cost less than Famoso's less exotically sourced competitors. And finally, though the pizza itself was crafted with care, it was cooked in 90 seconds!

I picked a full-sized Vesuvio (\$13.50), since I didn't figure that the lunch-sized pizzetta (\$8.50) would be enough. I then combined a delicious dark roast coffee (\$2.50) with a small glass of heady limoncello (\$8.25) — the sweet lemon liqueur balanced beautifully with that deep, rich java.

There was way too much of the spicy sopressata pizza for me to finish. Unfortunately, I also savoured a few too many slices before I discovered



► The tomatoes and flour travelled all the way from Italy to make the perfect Neapolitan pizza!

the gelato bar — the tubs of sweet, icy goodness beckoned, but I could not answer ... this time. I'll be back to try the movie-and-dinner deal soon, and make sure to save room for that gelato.

Famoso Neapolitan Pizzeria

- 1437 99 Street
- 780-468-0000
- Rating: ****
- Price range: Low
- Reservations: No

Preparation:

1 **Heat** (325 F). In a large pan, heat butter and sauté onion until transparent. Add garlic, sage and cranberries. Sauté until cranberries are softened. Stir in rice, season with salt and pepper and set aside.

2 With skin side down, flatten turkey breast with the flat side of a meat mallet or a rolling pin until meat is of fairly uniform thickness.

3 In a bowl, combine maple syrup and butter well. Spread 50 ml (1/4 cup) of the butter mixture on the inside of the turkey breast. Spoon stuffing mixture on breast leaving a 5-cm (2-inch) border around the sides. Starting at one end, fold turkey breast around the stuffing, fully enclosing the stuffing, and secure with string or skewers.

4 Lay carrots in the bottom of a lightly oiled roasting pan. Place turkey breast seam side down on car-

Maple stuffed turkey breast



► Ideal for a smaller crowd this Thanksgiving.

Yields:
4-6 servings

Ingredients :

- 15 ml (1 tbsp) butter
- 50 ml (1/4 cup) onion, finely diced
- 1 clove garlic, minced
- 15 ml (1 tbsp) sage, chopped
- 125 ml (1/2 cup) fresh or frozen cranberries, chopped
- 375 ml (1 1/2 cups) long-grain and wild rice mix, cooked
- Salt and pepper, to taste
- 1.5 kg (3 lb) turkey breast, boneless, skin on
- 175 ml (3/4 cup) real maple syrup
- 125 ml (1/2 cup) butter, softened
- 5 ml (1 tsp) dried sage
- 4 large carrots, cut into halves lengthwise

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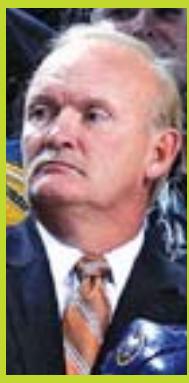
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4

sports

Quoted



“Our goal here as a team is to win the Stanley Cup. We might as well talk about that. And I don’t think we’re that far away.”

SABRES COACH LINDY RUFF

“I’m happy Lindy came out and said it. That should be our goal. Now we just need to show up and actually do it and not just always talk about it like we have in the past.”

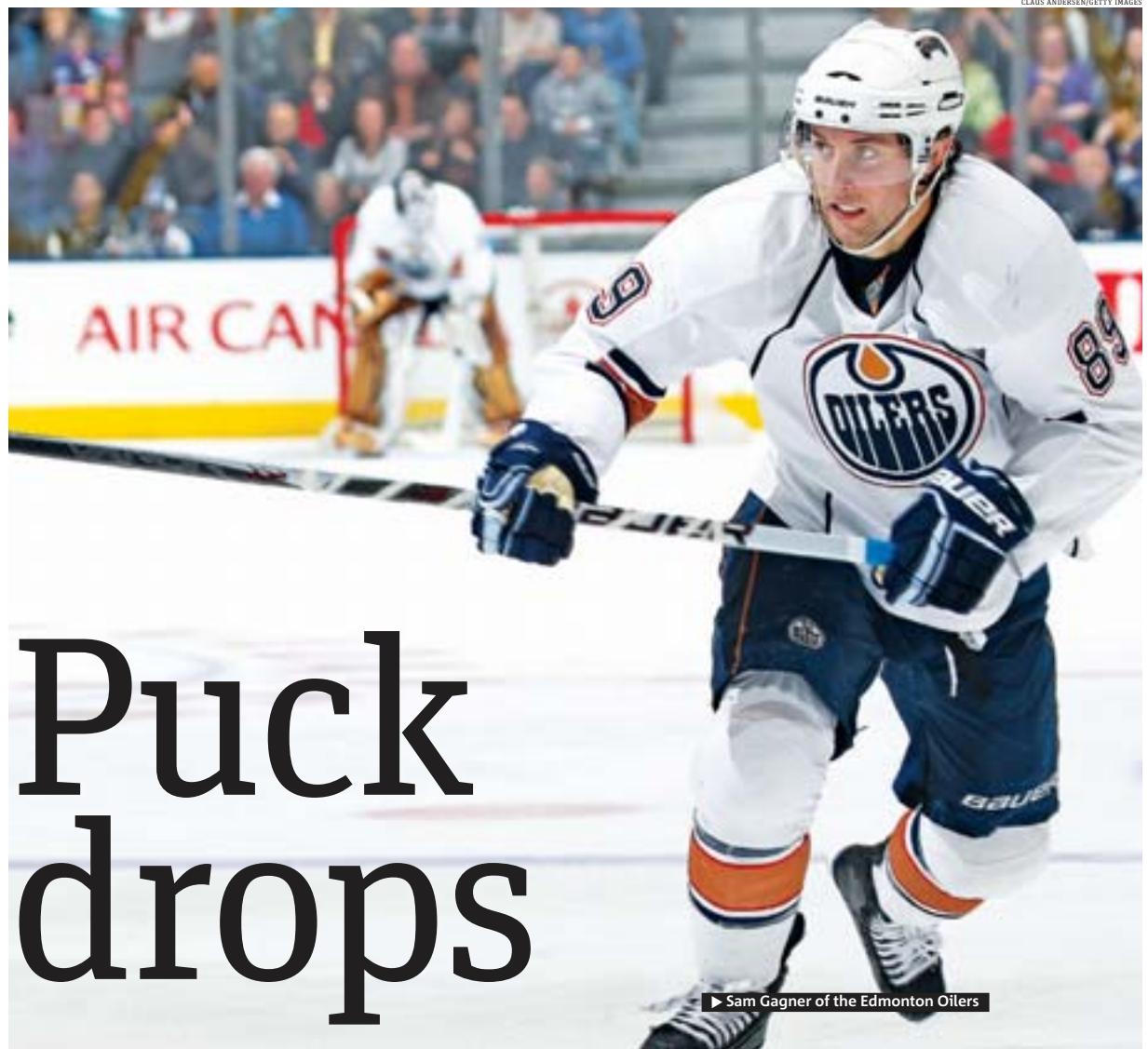
FORWARD THOMAS VANEK



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► NHL Preview

CLAUSS ANDERSEN/GETTY IMAGES



Puck drops

► Sam Gagner of the Edmonton Oilers

A new NHL season begins today with a pair of classic Canadian matchups. The Montreal Canadiens, without some key veterans and with goalie Carey Price doubtful because of the flu, face the Maple Leafs in Toronto (CBC, 5 p.m.), while the Battle of Alberta resumes with the Calgary Flames visiting the Edmonton Oilers (CBC, 8 p.m.).

There is also a game from Helsinki, as the Carolina Hurricanes meet the Minnesota Wild (TSN, 10 a.m.). It's one of six games that will be played in Europe at the start of the season.

There is considerable buzz in Edmonton over their trio of talented rookies, Taylor Hall, Jordan Eberle and Magnus Paajarvi, who will get their first taste of real NHL action.

The Oilers were last in the Western Conference last season, which landed them Hall, a former Windsor Spitfires star, with the first overall draft pick. He's now part of an impressive

13.97

Toronto scored on just 13.97 per cent of its chances with the man advantage last season, giving them one of the worst power plays in the league.

group of youngsters playing key roles on the team, along with 21-year-old Sam Gagner and 23-year-old Andrew Cogliano.

Edmonton also has a new captain in Shawn Horcoff and a new coach in Tom Renney.

The Flames have summer acquisitions Olli Jokinen and Alex Tanguay back for second stints with the club on the top line with Jarome Iginla, their captain since 2003.

Calgary also starts the season undermanned with centres Daymond Langkow, Matt Stajan and Ryan Stone out with injuries.

Forwards David Moss and Ales Kotalik are also hurt.

The Canadiens left their pre-season retreat in Clermont, Que., yesterday knowing they will be missing some key pieces when they begin the 82-game schedule against their oldest rivals.

Michael Cammalleri, a Toronto-area native who is one of their top scoring wingers, will miss the opener due to a one-game suspension for a slash on Islanders rookie Nino Niederreiter during a pre-season game Saturday in Quebec City.

The Habs are also without top defenceman Andrei Markov, who is expected to return later this month from knee surgery. Veteran rearguard Roman Hamrlik will also sit out with a sore knee that kept him out of all seven pre-season games.

Then Price came down with the flu, raising the possibility that backup netminder Alex Auld will get the start. Coach Jacques Martin said a decision will be made today on whether Price can play.

THE CANADIAN PRESS

NHL GOES TO EUROPE

Scandinavia can be a good omen for NHL clubs

BRUCE BENNETT/GETTY IMAGES



The Carolina Hurricanes and Minnesota Wild are looking on the bright side at starting the NHL season about 7,000 kilometres from home in the capital of Finland.

The Nordics have been good for NHL teams. The Pittsburgh

Penguins opened their season in Stockholm in 2008 and won the Stanley Cup last year.

The Chicago Blackhawks visited Hartwall Arena — the same venue hosting the Hurricanes and Wild today and tomorrow — a year ago and ended up winning their first cup in 49 years.

The Wild could do with a positive sign after a winless pre-season against NHL teams.

THE ASSOCIATED PRESS

“I really like to be in Helsinki again, I like the town. The time here was a big stepping-stone”

MAREK ZIDLICKY

What fans will be talking about

► A new NHL season brings a number of storylines that will play out over the next six months ► Here's a look at a few that are worth charting



Halak Pays Price:

The story

The Montreal Canadiens' decision to trade playoff hero Jaroslav Halak to St. Louis and keep Carey Price as their top goaltender will be followed closely all season. Fans have already noted every pre-season win by Halak while Price has slowly wound into form in Montreal.



Hawks Repeat?

No team has won back-to-back Stanley Cups since the Detroit Red Wings in 1997 and 1998, although the Wings came within a Game 7 goal of doing it again in 2009. Now it is Chicago's turn to give it a try.



Canuck Drought:

The Vancouver Canucks enter the season with the best chance at winning Canada's first championship since 1993.



Headshot Rule:

With a new penalty called illegal checking to the head in the rulebook, it will be interesting to see if there are fewer headshots on the ice.



Rookie Race:

The race for the Calder Trophy might take place entirely in Edmonton. Hotshot rookies Taylor Hall, Jordan Eberle and Magnus Paajarvi have all cracked the Oilers roster and will no doubt push each other.



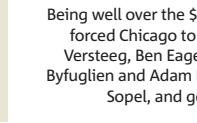
Staying in Phoenix?

Would a new owner for the Phoenix Coyotes please stand up? The NHL has been running the once-bankrupt team for a year and a half, and commissioner Gary Bettman is clearly losing some patience.



The angle

If Halak excels and Price struggles, there will be calls for GM Pierre Gauthier's head. Price has already heard a mix of boos and cheers at the Bell Centre.



Being well over the \$59.4-million US salary cap forced Chicago to let go of forwards Kris Versteeg, Ben Eager, Andrew Ladd, Dustin Byfuglien and Adam Burish, defenceman Brent Sopel, and goalie Antti Niemi.



With a retooled defence that includes Keith Ballard and Dan Hamhuis, and the same weapons up front that made the Canucks one of the league's highest-scoring teams, there is reason for hope in Vancouver.



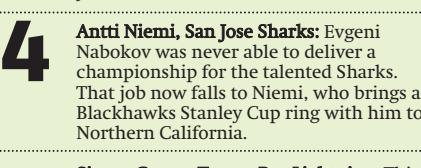
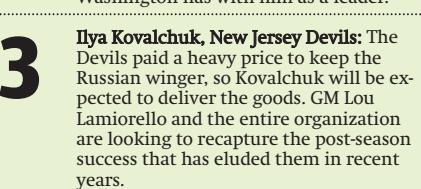
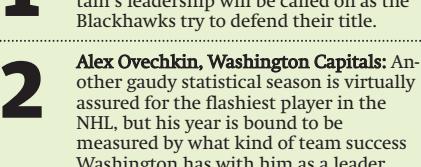
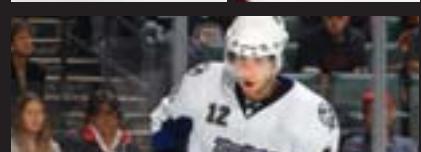
The new penalty is a major and focuses on blindside hits where the primary point of impact is the head. How long before one is called?

With three high-profile rookies suiting up for the Oilers, the race for the Calder is bound to be a major focus this season.

If no one steps forward to purchase the Coyotes by Dec. 31, the league has the right to start looking at other places to move the team. It's reasonable to assume that Winnipeg would be high on that list.

Players to watch

PHOTOS
1. JIM MCISAAC/GETTY IMAGES
2. GREG FLUE/GETTY IMAGES
3. JIM MCISAAC/GETTY IMAGES
4. BRIAN BAHR/GETTY IMAGES
5. JOEL AUERBACH/GETTY IMAGES



THE CANADIAN PRESS

Caps stick with tried-and-true crew

When the Washington Capitals open the season tomorrow night, it will be hard to spot an unfamiliar face.

Nearly every Capitals player who takes the ice against the Atlanta Thrashers either played for Washington last year or has played for the team's AHL affiliate in Hershey.

The only exceptions are Marcus Johansson, a 2009 first-round draft pick who spent last season in Sweden, and enforcer D.J. King, acquired in a July trade with the St.

Louis Blues.

The other sort-of new face is Matt Hendricks, but he played for Hershey in 2006-07 before spending two seasons with the Colorado Avalanche.

Otherwise, it's the tried-and-true crew featuring Alex Ovechkin, Alexander Semin, Nicklas Backstrom and Mike Green — along with the emerging young guys from the minors, many of whom the Capitals drafted themselves.

"We're in a lot of ways lucky, I guess," general manager George McPhee

"It's about making the playoffs and having a good playoff run, and how we get there is less important."

GEORGE MCPHEE, CAPITALS GM

said. "We came up with this plan years ago, and fortunately ownership stood by it. In a lot of cities, a lot of teams, ownership does not have the patience. We're starting Friday night with 11 of our own first-round picks in the lineup. The league

average is four. The closest team to us has seven.

"We put this plan together and we're in pretty good shape. It's a good team, they're our guys, and hopefully it leads to a Cup one of these days."

McPhee saw no reason to pick apart the team that accumulated an NHL-high 121 points last season, even if the Capitals did suffer yet another early playoff defeat by blowing a 3-1 first-round series lead before falling to the Montreal Canadiens in seven games.

THE ASSOCIATED PRESS

1

2

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4

5

Jonathan Toews, Chicago Blackhawks: With a couple key players gone, the captain's leadership will be called on as the Blackhawks try to defend their title.

Alex Ovechkin, Washington Capitals: Another gaudy statistical season is virtually assured for the flashiest player in the NHL, but his year is bound to be measured by what kind of team success Washington has with him as a leader.

Ilya Kovalchuk, New Jersey Devils: The Devils paid a heavy price to keep the Russian winger, so Kovalchuk will be expected to deliver the goods. GM Lou Lamorello and the entire organization are looking to recapture the post-season success that has eluded them in recent years.

Antti Niemi, San Jose Sharks: Evgeni Nabokov was never able to deliver a championship for the talented Sharks. That job now falls to Niemi, who brings a Blackhawks Stanley Cup ring with him to Northern California.

Simon Gagne, Tampa Bay Lightning: This could be a make-or-break season for the oft-injured winger. Now playing in the Sunshine State after a decade in Philadelphia, he'll be given a chance to shine while playing alongside Vincent Lecavalier.

THE CANADIAN PRESS

Cream of the crop of Cup hopefus

► As the season begins, here are a few early favourites to take the title



Washington Capitals

Last season: 54-15-13, 121 points, 1st seed in the East, lost in first round to Montreal.
Breakdown: Revenge is word in the U.S. capital, but redemption is a better description of what Washington wants after blowing a 3-1 lead and losing in seven games to the Canadiens. They needed far better team play, including from virtuoso star Alex Ovechkin.



Philadelphia Flyers

Last season: 41-35-6, 88 points, 7th seed in the East, lost Stanley Cup final to Chicago.
Breakdown: They only made the playoffs by beating the New York Rangers in a shootout in the final game of the season, but the team that went to the final was a better indication of the Flyers' talent and depth than the up-and-down regular-season crew.



► Sidney Crosby and the Penguins look like contenders.



Pittsburgh Penguins

Last season: 47-28-7, 101 points, 4th seed in East, lost in second round to Montreal.

Breakdown: The loss of big centre Jordan Staal for an undetermined period with a foot injury puts a damper on the 2009 Cup champions' move from the Igloo to the 18,087-seat Consol Energy Centre. They also lost veteran winger Bill Guerin, although the departure of power-play anchor Sergei Gonchar was offset by the signing of Paul Martin.



Boston Bruins

Last season: 39-30-13, 91 points, 6th seed in East, lost in second round to Philadelphia.

Breakdown: The loss of top centre Marc Savard to concussion symptoms may be offset by the addition of scoring winger Nathan Horton from Florida and a big rookie year from second overall draft pick Tyler Seguin. Happily for the Bruins, they are deep at centre with Patrice Bergeron and David Krejci, who is looking to rebound from only 17 goals last season.



Los Angeles Kings

Last season: 46-27-9, 101 points, 6th seed in the West, lost in first round to Vancouver.

Breakdown: This is a team with a young core that has been trending in the right direction the past couple seasons. The brightest star of them all is defenceman Drew Doughty, who won't turn 21 until December but is a legitimate Norris Trophy candidate. Centre Anze Kopitar could threaten the 100-point barrier.



Vancouver Canucks

Last season: 49-28-5, 103 points, 3rd seed in the West, lost in second round to Chicago.

Breakdown: The Canucks were second in league scoring a year ago, led by Hart Trophy-winner Henrik Sedin, and should continue to have a pretty potent attack. The Sedin twins and Ryan Kesler will be key cogs once again, as will players like Alex Burrows and Mason Raymond.



San Jose Sharks

Last season: 51-20-11, 113 points, 1st seed in the West, lost in conference final to Chicago.

Breakdown: The biggest change comes in goal, where Antti Niemi and Antero Niittymaki have taken over for the departed Evgeni Nabokov. GM Doug Wilson is banking on the duo pushing the team over the top — hardly a stretch given that Niemi won a Stanley Cup last season in Chicago.

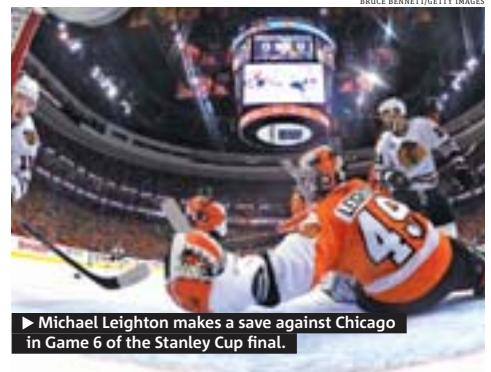


Detroit Red Wings

Last season: 44-24-14, 102 points, 5th seed in the West, lost in second round to San Jose.

Breakdown: Break out the Advil. With a roster featuring nine players 35 or older, the Wings are virtually assured of leading the league in wear and tear. But there's at least a couple future Hall of Famers among that group — Nicklas Lidstrom and Mike Modano, who decided to sign with his hometown team over the summer rather than retire.

THE CANADIAN PRESS



► Michael Leighton makes a save against Chicago in Game 6 of the Stanley Cup final.

Net worth: Spending on goalies falls out of fashion

\$2.75M

Amount former former Blackhawks goalie Antti Niemi was awarded in arbitration. Chicago opted instead for veteran Marty Turco for one year at \$1.3 million

with San Jose's Nabokov heading for St. Petersburg in the KHL and Huet shipped to Switzerland.

It is into that financial environment that Florida Panthers veteran Tomas Vokoun may go as he plays out the final season of a four-year deal that pays an average of \$5.7 million per year. With super-prospect Jacob Markstrom waiting in the wings, there is already talk of Vokoun being dealt at the trade deadline if the Panthers are out of the playoff race.

The results suggested there was money to be saved in going with youth and using the extra cash to put a better team in front of them.

And the prospects of a goalie landing a big, multi-year contract weren't helped by the glut of puck-stoppers on the free agent market in the summer. If anything, teams were shedding expensive goalies,

"Next spring there could be a \$6-million goalie winning the Stanley Cup and the Conn Smythe and then everybody's going to say something totally different," said Vokoun.

"But now, for me, it's not so much about money, so I'm sure I'll find a spot."

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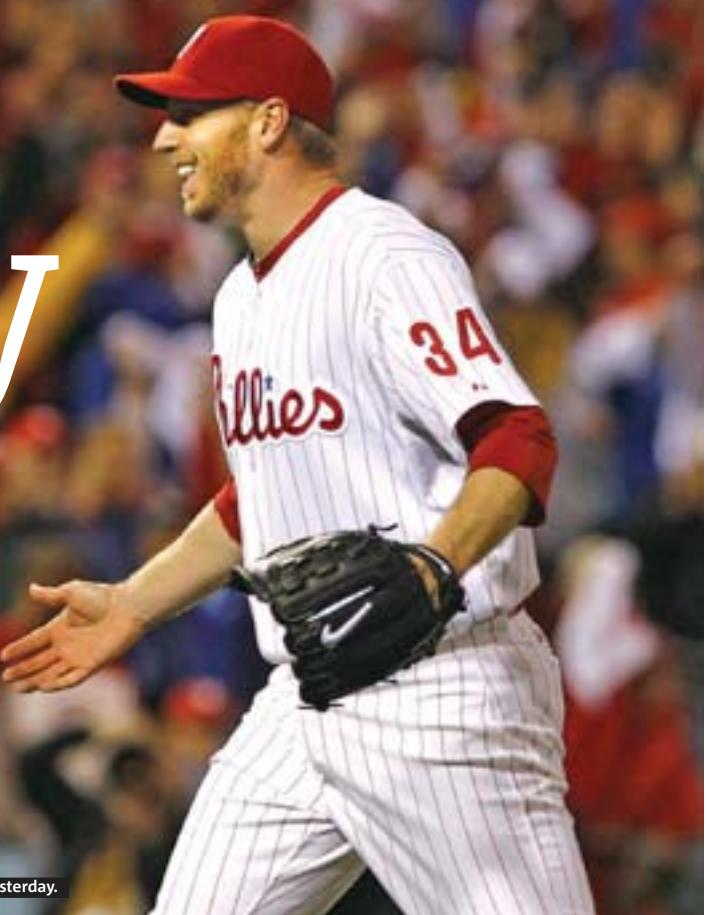


► Panthers goalie Tomas Vokoun is entering the final season of a four-year deal.

MEL EVANS/THE ASSOCIATED PRESS

History

Halladay throws second-ever
playoff no-hitter



► Phillies ace Roy Halladay celebrates after throwing a no-hitter to defeat the Cincinnati Reds 4-0 yesterday.



Talk about a post-season debut.

Roy Halladay threw the second no-hitter in post-season history, leading the Philadelphia Phillies over the Cincinnati Reds 4-0 in Game 1 of the NL division series yesterday.

Don Larsen is the only other pitcher to throw a post-season no-hitter. He threw a perfect game for the New York Yankees in the 1956 World Series against Brooklyn. The 54th anniversary of Larsen's gem is tomorrow.

"It's surreal, it really is," Halladay said. "I just wanted to pitch here, to pitch in the post-season. To go out and have a game like that, it's a dream come true."

Halladay took the Year of the Pitcher into the post-season. The excitement spread beyond Citizens Bank Park — the last two outs were shown on the video board at Target Field, where the Twins were preparing to play the Yan-

kees, and Minnesota fans cheered.

The all-star right-hander, who tossed a perfect game at Florida May 29, dominated the Reds with a sharp fastball and a devastating slow curve in his first playoff start.

5

Halladay became the fifth pitcher to throw two no-hitters in the same year. He joined Nolan Ryan (1973), Virgil Trucks (1952), Allie Reynolds (1951) and Johnny Vander Meer (1938).

Halladay allowed only one runner, walking Jay Bruce on a full count with two outs in the fifth, and struck out eight.

Halladay spent 12 seasons with Toronto, far from the post-season. A trade last off-season brought him to the defending two-time NL champions.

With a sellout crowd standing in the ninth and chanting "Let's Go, Doc!" Halladay received a thunderous ovation when he jogged to the mound to start the inning.

Ramon Hernandez popped out to second baseman Chase Utley for the first out. Pinch-hitter Miguel Cairo then fouled

rushed to the mound. Just like catcher Yogi Berra did with Larsen, Ruiz started to jump into Halladay's arms. Unlike Berra, Ruiz didn't wrap up his pitcher in a bear hug.

(Ruiz) has been great all year, he helps me get into a rhythm early, throwing strikes."

HALLADAY ON HIS CATCHER

out to third baseman Wilson Valdez.

Halladay then retired Brandon Phillips on a tapper in front of the plate to end it. Catcher Carlos Ruiz pounced on the ball and threw out Phillips.

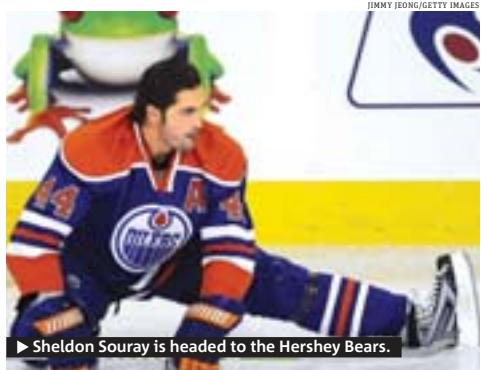
Halladay pumped his fist into his glove as Ruiz

rushed to the mound. Just like catcher Yogi Berra did with Larsen, Ruiz started to jump into Halladay's arms. Unlike Berra, Ruiz didn't wrap up his pitcher in a bear hug.

Phillies aces Roy Oswalt and Cole Hamels ran out of the dugout side-by-side to congratulate the other member of Philadelphia's Big 3. Pretty soon, everyone in a Phillies uniform was part of the victory party.

"This is what you come here for," Halladay said. "It's a good team, they know how to win. ... It's been a great year, a fun year, we obviously have a ways to go."

THE ASSOCIATED PRESS



► Sheldon Souray is headed to the Hershey Bears.

Oilers demote Souray to AHL

Disgruntled Edmonton Oilers defenceman Sheldon Souray is now a \$4.5-million Hershey Bear.

The Oilers announced yesterday they have loaned Souray to the Pennsylvania-based American Hockey League team, the Oilers top farm team in Oklahoma City.

Oilers general manager Steve Tambellini said efforts to trade Souray have so far failed, and league

rules dictated Souray had to go somewhere when final rosters were set yesterday.

The standoff has grown acrimonious, and Tambellini said they decided to keep Souray away from the Oilers top farm team in Oklahoma City.

"We think it's best probably for Sheldon not to put him in a spot," said Tambellini.

"We didn't want it to be

an uncomfortable position. This is best for the player and Oak City.

"He's going to a very competitive team (in Hershey)."

"They like the opportunity of having him there — at this point."

Souray will continue to make the \$4.5 million due him this year and next (which actually works out to a \$5.4-million US cap hit a year).

Tambellini has been trying to trade Souray for months, a process that became poisoned at the end of last season when the Oilers finished dead-last and Souray called out team management.

Souray claimed that Oil-er brass, when he signed with the team, pushed him to play before he was fully healed from a shoulder injury.

THE CANADIAN PRESS

MLB

2010 POST SEASON

DIVISION SERIES

(Best-of-5)

(Note: Wild card teams play teams with best records unless in same division and wild card may not have home-field advantage)

(All times Eastern)

AMERICAN LEAGUE

TAMPA BAY (E) VS. TEXAS (W)

(Texas leads series 1-0)

Yesterday's result

Texas 5 Tampa Bay 1

Today's game

Texas (Wilson 15-8) at Tampa Bay (Garza 15-10), 2:37 p.m.

Saturday's game

Tampa Bay (Davis 12-10) at Texas (Lewis 12-13), 5:07 p.m.

Sunday's game

x-Tampa Bay (Shields 13-15) at Texas (Hunter 13-4), TBA

Tuesday, Oct. 12

x-Texas at Tampa Bay, TBA

MINNESOTA (C) VS. N.Y. YANKEES (WC)

(New York leads series 1-0)

Last night's result

N.Y. Yankees 5 Minnesota 4

Tonight's game

N.Y. Yankees (Hughes 18-8 or Pettitte 11-3) at Minnesota (Pavano 17-11), 6:07 p.m.

Saturday's game

Minnesota (Dunigan 10-3) at N.Y. Yankees (Pettitte 11-3 or Hughes 18-8), 8:37 p.m.

Sunday's game

x-Minnesota (Blackburn 10-12) at N.Y. Yankees (Burnett 10-15), TBA

Tuesday, Oct. 12

x-N.Y. Yankees at Minnesota, TBA

NHL

PRE-SEASON

Yesterday's result

Phoenix 3 Dinamo Riga (Latvia) 1

END NHL PRE-SEASON SCHEDULE

REGULAR SEASON

Today's games

(All times Eastern)

Carolina at Minnesota (at Helsinki, Finland), 12 p.m.

Montreal at Toronto, 7 p.m.

Philadelphia at Pittsburgh, 7 p.m.

Chicago at Colorado, 10 p.m.

Calgary at Edmonton, 10 p.m.

Tomorrow's games

Minnesota at Carolina (at Helsinki, Finland), 12 p.m.

Columbus at San Jose (at Stockholm, Sweden), 3 p.m.

Dallas at New Jersey, 7 p.m.

Anaheim at Detroit, 7 p.m.

Buffalo at Ottawa, 7:30 p.m.

Washington at Atlanta, 7:30 p.m.

Saturday's games

Phoenix at Boston (at Prague, Czech Republic), 12 p.m.

San Jose at Columbus (at Stockholm, Sweden), 3 p.m.

N.Y. Rangers at Buffalo, 7 p.m.

Ottawa at Toronto, 7 p.m.

Dallas at N.Y. Islanders, 7 p.m.

Montreal at Pittsburgh, 7 p.m.

New Jersey at Washington, 7 p.m.

Atlanta at Tampa Bay, 7:30 p.m.

Philadelphia at St. Louis, 8 p.m.

Anaheim at Nashville, 8 p.m.

Detroit at Chicago, 8:30 p.m.

Los Angeles at Vancouver, 10 p.m.

Sunday's games

Boston at Phoenix (at Prague, Czech Republic), 10 a.m.

Los Angeles at Calgary, 8 p.m.

Florida at Edmonton, 8 p.m.

Monday's games

NATIONAL LEAGUE

PHILADELPHIA (E) VS. CINCINNATI (C)

(Philadelphia leads series 1-0)

Yesterday's result

Philadelphia 4 Cincinnati 0

Tomorrow's game

Cincinnati (Arroyo 17-10) at Philadelphia (Os- walt 13-13), 6:07 p.m.

Sunday's game

Philadelphia (Hamel 12-11) at Cincinnati (Cueto 12-7), TBA

Monday, Oct. 11

x-Philadelphia at Cincinnati, TBA

Wednesday, Oct. 13

x-Cincinnati at Philadelphia, TBA

Joyce 0 0 0

Totals 37 5 10 5

Tampa Bay 0 0 110 000 5

Tampa Bay 0 00 000 100 1

x-CAROLINA (W) VS. ATLANTA (WC)

Tonight's game

Atlanta (Lowe 16-12) at San Francisco (Lince- um 16-10), 9:37 p.m.

Tomorrow's game

Atlanta (Hanson 10-11) at San Francisco (Cain 13-11), 9:37 p.m.

Sunday's game

San Francisco (Sanchez 13-9) at Atlanta (Hud- son 17-9), TBA

Monday, Oct. 11

x-San Francisco at Atlanta, TBA

Wednesday, Oct. 13

x-Atlanta at San Francisco, TBA

x—played only if necessary.

CALENDAR

Oct. 6 — Playoffs begin

Oct. 27 — World Series begins, city of National League champion.

November — Free agent period to sign exclusively with former teams, first five days after World Series ends.

Nov. 16-17 — General managers' meetings, Orlando, Fla.

Nov. 17-18 — Owners' meetings, Orlando, Fla.

AMERICAN LEAGUE

RANGERS 5, RAYS 1

Texas ab r h bi Tampa Bay ab r h bi

Andrus ss 5 0 1 0 Bartlett ss 3 0 1 0

M Young ss 4 0 0 0 Jasch ph-c 1 0 1 0

J. M. Hill nf 4 1 1 0 Blalock nf 4 0 0 0

Guerrero dh 4 0 2 1 Criffield lf 4 0 1 0

N. Cruz lf 4 1 1 1 Longoria 3b 4 0 1 0

Kinsler 2b 4 1 1 0 C. Pena 3b 3 0 0 0

Franco rf 4 1 1 1 Baldelli dh 3 0 0 0

Cantu 1b 4 0 0 0 D. J. Hinson ph 0 0 0 0

B. Molina c 4 1 3 2 Zobrist rf 4 1 2 1

Totals 37 5 10 5 Totals 34 1 2 1

Texas 0 211 110 000 5

Tampa Bay 0 00 000 100 1

x-CALIFORNIA (L) VS. ATLANTA (W)

Tonight's game

Atlanta (Lowe 16-12) at San Francisco (Lince- um 16-10), 9:37 p.m.

Tomorrow's game

Atlanta (Hanson 10-11) at San Francisco (Cain 13-11), 9:37 p.m.

Sunday's game

San Francisco (Sanchez 13-9) at Atlanta (Hud- son 17-9), TBA

Monday, Oct. 11

x-San Francisco at Atlanta, TBA

Wednesday, Oct. 13

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CALENDAR

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SOCCER

MLS

EASTERN CONFERENCE

New York GP W L T GF GA Pt

Columbus 27 13 7 7 35 27 47

Kansas City 26 9 11 6 29 31 33

Toronto FC 27 8 12 7 28 34 31

Chicago 26 7 11 8 31 35 29

Philadelphia 27 7 13 7 32 44 28

New England 27 7 15 5 29 47 26

D.C. United 27 6 18 3 19 42 21

x-WESTERN CONFERENCE

G 0 W L T GF GA Pt

x-Los Angeles 27 16 6 5 40 22 53

x-Real Salt Lake 27 14 4 9 41 18 51

x-FC Dallas 27 12 2 13 39 22 49

Seattle 27 12 9 6 34 31 42

Colorado 27 11 8 8 37 27 41

San Jose 26 11 8 7 28 28 36

Houston 27 7 14 6 36 46 27

Chivas USA 26 7 15 4 26 36 25

x—clinched playoff berth.

x-TONIGHT'S GAME

(All times Eastern)

Los Angeles at Philadelphia, 8 p.m.

x-TOMORROW'S GAME

Columbus at Chicago, 9 p.m.

x-Real Salt Lake at New York, 4:30 p.m.

Colorado at Dallas, 6 p.m.

San Jose at D.C. United, 7:30 p.m.

Toronto FC at Chivas USA, 10:30 p.m.

x-SUNDAY'S GAME

New England at Houston, 8:30 p.m.

Randy Moss to Minnesota for an undisclosed

NATIONAL LEAGUE

PHILLIES 4, REDS 0

Cincinnati ab r h bi Philadelphia ab r h bi

B. Phillips 4 0 0 0 Rollins ss 3 0 0 0

O. Carter ss 3 0 0 0 Vicente cf 3 0 1 2

Votto 1b 3 0 0 0 Utley 2b 3 0 0 1

Rolen 3b 0 0 0 Howard 1b 4 0 0 0

Gomes lf 3 0 0 0 Werth rf 4 0 0 0

Bruce 2 0 0 0 Ibanez lf 4 0 1 0

Stubbs cf 3 0 0 0 Cuicci 1 0 1 0

R. H. R. 3 0 0 0 W. Valdez 3b 3 1 1 20

Volquez p 0 0 0 0 Halladay p 3 1 1 11

T. R. Wood 1 0 0 0

J. J. F. ph 1 0 0 0

Ondrusk p 0 0 0 0

Bray p 0 0 0 0

Cairo p 1 0 0 0

Totals 27 0 0 0 Totals 29 4 5 4

Cincinnati 0 00 000 000 0

Philadelphia 130 000 000 4

x—E—Ondrusk (1). LOB—Cincinnati 1, Philadelphia 5. 2B—Victorino (1), Ibanez (1). SB—Victorino (1), SF—Utley (1).

Cincinnati ab r h bi Philadelphia ab r h bi

V. Lopez L-0 1 2 3 4 4 4 2 0

T. R. Wood 1 0 0 0 1 3 0 1 3

Ondrusk 1 2 3 0 0 0 0 0 3

Bray 1 3 0 0 0 0 0 0 1

Philadelphia ab r h bi Cincinnati ab r h bi

Halladay W-1 0 0 0 0 1 8

Umpires—Home, John Hirschbeck; First, Bruce Dreckman; Second, Sam Holbrook; Third, Ed Rapuano; Right, Rob Drake; Left, Gary Cederstrom.

T—2:34. A—46,411 (43,651).

NBA

PRE-SEASON

Yesterday's results

Memphis 87 Indiana 85

At Paris, France

Minnesota 106 New York 100

At Fayetteville, NC

Oklahoma City 97 Charlotte 93

At Manchester, NH

Boston 93 Philadelphia 65

At Vancouver

Toronto vs. Phoenix

x-CYCLING

Women

100-metre backstroke — Julia Wilkinson,

Stratford, Ont.; won bronze in 1:01.05.

x-WRESTLING

Greco-Roman

Men

55 kilograms — Promise Mwenga, Moncton, N.B., won bronze.

66 kilograms — Jack Bond, Sherwood Park, Alta., won silver.

x-SWIMMING

Women

100-metre backstroke — Julia Wilkinson,

Stratford, Ont.; won bronze in 1:01.05.

x-FENCING

Greco-Roman

Men

55 kilograms — Promise Mwenga, Moncton, N.B., won bronze.

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x-SWIMMING

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x-SWIMMING

Women

100-metre backstroke — Julia Wilkinson,

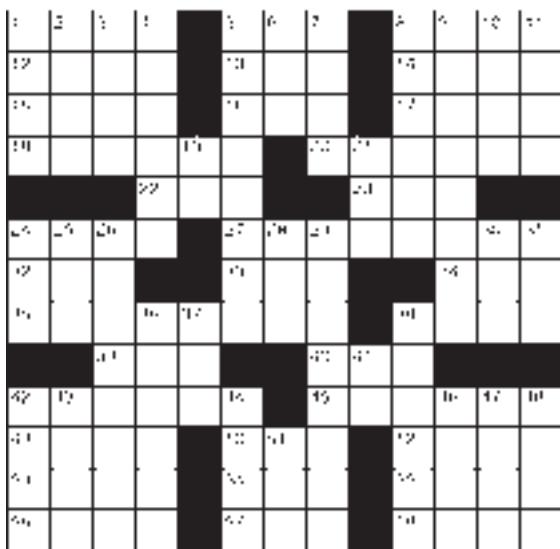
Crossword

Across

1 Jokes
5 Adipose tissue
8 Fleet from far off?
12 Burn remedy
13 Unfriendly
14 Ferris wheel, e.g.
15 Heart of the matter
16 Agt.
17 Boast
18 In
20 Not us
22 A handful
23 Wrong (Pref.)
24 "Carmina Burana"
composer
27 Kinship
32 Mai — (cocktail)
33 Mainlander's memo-
mento
34 Sticky stuff
35 Oft-mimicked
Michael Jackson video
38 In due time
39 Preceding
40 Flightless bird
42 Customs
45 Oriental temple
49 Rara —
50 The whole thing
52 Secondhand
53 Traditional tales
54 Brock of baseball
55 Coaster
56 Odds' mates
57 Easter symbol
58 First-rate

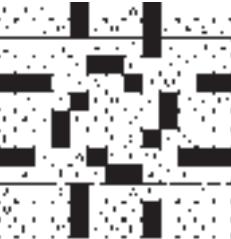
Down

1 Pop singer Lady —
2 Came to earth
3 "Gee!"
4 Ignite
5 Intruder-blocking
software



6 Expert 29 Hydrant
7 Glitch in print 30 Also
8 Street child 31 Thither
9 Aries, Leo or Sagit-
tar-ius 36 Van Gogh subjects
10 Bloodhound's clue 37 Allow
11 Does some mend-
ing 38 Majestic
12 Yours truly 41 Bell or Kettle
13 Acronym to an 42 Hearty
oversharer 43 Stratford river
14 Cooperstown's Mel 44 Auction
15 "Go, team!" 46 Norway's capital
16 Stravinsky ballet, 47 Profound
with "The" 48 Tosses in
17 Lawyer's due 51 Journal

► Yesterday's answer



Today's horoscope



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Aries March 21-April 20 You will find it easier to be patient with people now there is a new moon in the partnership area of your chart. Yes, certain individuals can be deeply irritating sometimes but they're only human.

Taurus April 21-May 21 Both at home and at work you would be wise to proceed on the assumption that others are telling you only half the story — and that it's the other half you need to know.

Gemini May 22-June 21 You seem to be making heavy work of something that is really quite simple — and doing far too much of it by yourself. Today's new moon will give a boost to creative activities.

Cancer June 22-July 22 Something you found such a challenge earlier in the year will come easy to you now. Your outlook on life has changed and that has enabled you to respond to a more positive set of cosmic vibrations.

Leo July 23-Aug. 23 If you have not yet planned your next vacation get on to it now as the new moon in the travel area of your chart gives you some great ideas.

Virgo Aug. 24- Sept. 22 You seem to have got your values a bit mixed up of late. If you are going to get them untangled the first thing you must do is ask yourself what is most important to you: your material or your emotional wellbeing.

Libra Sept. 23-Oct. 23 No matter how many times you have clashed with people you must patch things up. The new moon in your sign promises a new beginning, but you've got to work at it.

Scorpio Oct. 24-Nov. 22 Do you finish what you started, or do you give up on it and focus on something new? Only you can decide but if you have not completed a project by now perhaps it's not meant to be.

Sagittarius
Nov. 23-Dec. 21 Today's new moon signals the start of an enjoyable phase, one that will last for the next two weeks and maybe longer. Friendships are under excellent stars, so get out there and mingle.

Sudoku

				7		1	2	
1		4	9					
3				6		4		
	6		4			3		
9			2	5			1	
	1			9	8			
9		5				3		
				1	6		8	
2	7		6					

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

3	1	7	5	6	8	9	4	2
4	2	5	3	7	9	1	6	8
8	6	9	2	1	4	5	3	7
6	9	1	4	8	3	2	7	5
2	3	4	1	5	7	8	9	6
7	5	8	9	2	6	4	1	3
1	4	2	6	3	5	7	8	9
9	8	6	7	4	2	3	5	1
5	7	3	8	9	1	6	2	4

A look at the weather

TODAY
Min 3°
Max 19°

FRIDAY
Min 4°
Max 19°

SATURDAY
Min 5°
Max 18°

Michele McDougall
Weather Specialist



"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." WEEKDAYS 6AM

Caption contest



"Look
mom, no
hands."
EMMANUEL ETI



WIN!
**You
write it!**
Write a funny cap-
tion for the image to
the right and send it to
play@metronews.ca —
the winning caption will be
published in tomorrow's
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Cupcake, I love you so much and there's nothing else I want more in life than to be with you. Will you marry me?"

Maliha, you are the air that I breath, your my pulmonary artery, the best wife a man can ask for. Wuv u!
KING

We first met on the subway, and for the last 6 months you've been all I ever think about. I'm happy I gave you a chance. Babe, I love you.
XO JESS

Hey my lil Crazy Horse, I just wanted to send you a big smackeroo! I want you to know that I love you with all of my heart and I don't know what I would do without you! You are my soulmate and I can't wait to spend the rest of my life with you! I feel like the luckiest woman alive! -
OUR SEXY BUM

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